

Equipment Operator (EO) EOCN - CBCM

July 2021











United States Navy Ethos

We are the United States Navy, our Nation's sea power - ready guardians of peace, victorious in war.

We are professional Sailors and Civilians - a diverse and agile force exemplifying the highest standards of service to our Nation, at home and abroad, at sea and ashore.

Integrity is the foundation of our conduct; respect for others is fundamental to our character; decisive leadership is crucial to our success.

We are a team, disciplined and well-prepared, committed to mission accomplishment. We do not waver in our dedication and accountability to our Shipmates and families.

We are patriots, forged by the Navy's core values of Honor, Courage and Commitment. In times of war and peace, our actions reflect our proud heritage and tradition.

We defend our Nation and prevail in the face of adversity with strength, determination, and dignity.

We are the United States Navy.



The Sailor's Creed

I am a United States Sailor.

I will support and defend the Constitution of the United States of America and I will obey the orders of those appointed over me.

I represent the fighting spirit of the Navy and those who have gone before me to defend

freedom and democracy around the world.

I proudly serve my country's Navy combat team with Honor, Courage, and Commitment.

I am committed to excellence and the fair treatment of all.

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CAREER ROADMAP

Constructionman Recruit to Master Chief Roadmap

The educational roadmap below will assist Sailors in the Equipment Operator community through the process of pursuing professional development and advanced education using various military and civilian resources e.g. PQS program; JST Joint Service Transcript; E-Learning; Navy College Network; etc. Successful leadership is the key to military readiness and will always require a high degree of technical skill, professional knowledge, and intellectual development.

What is a Career Roadmap for Equipment Operator?

Equipment Operator roadmaps are just what the name implies - a roadmap through the Enlisted Learning and Development Continuum from Constructionman Recruit through Master Chief. The principal focus is to standardize a program Navy wide by featuring the existing skills necessary to be successful in the Navy. The ultimate goal of a roadmap is to produce a functional and competent Sailor.

What is the Enlisted Learning and Development Continuum?

Enlisted Learning and Development Continuum is the formal title given to the curriculum and process building on the foundation of Sailorization beginning in our Delayed Entry Program through Recruit Training Command and throughout your entire career. The continuum combines skill training, professional education, well-rounded assignments, and voluntary education. As you progress through your career, early-on skill training diminishes while professional military education gradually increases. Experience is the ever-present constant determining the rate at which a Sailor trades skill training for professional development.

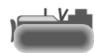
Do Sailors have to follow the Roadmap?

Yes. The Equipment Operator roadmap includes the four areas encompassed by the Continuum in Professional Military Education to include; Navy Professional Military Education (NPME), Joint Professional Military Education (JPME), Leadership and Advanced Education.

Some training and education is mandatory (Recruit Training, EO "A" School at CSFE, DET Fort Leonard Wood, MO, E-Learning, etc.). Some may be directed by your chain of command (Microsoft Excel and PowerPoint courses), and the remainder is voluntary (MNP, E-Learning, college courses, etc.). Sailors are advised to seek out mentors, including your Command Master Chief, Senior Enlisted Advisor, Leading Chief Petty Officer, Leading Petty Officer and Command Career Counselor, and to make use of your Navy College Virtual Education Center (VEC) or OCONUS Education Office's vast resources. All are uniquely qualified to help you along the way.

Notes:

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Equipment Operator (EO): EO construction skills performed include: Operating construction equipment, weight handling equipment (cranes), material handling equipment (forklifts), and heavy transportation vehicles. EOs perform horizontal construction (including asphalt paving), conduct quarry/blasting operations, concrete/asphalt batching operations, line haul operations and operate water well drilling equipment. EOs also read and interpret blueprints, prepare sketches for construction projects and make estimates of material, labor and equipment requirements. In addition to supporting the Naval Construction Forces, EOs are in high demand to provide support to Special Warfare and Explosive Ordnance Disposal Units. Combat skills performed include: Embarkation via airlift/sealift; Chemical, Biological, and Radiological (CBR) response including individual and unit protection and decontamination; coordinating disaster recovery teams (DRT), Pier Damage Repair (PDR) and Airfield Damage Repair (ADR) teams; performing camp security (e.g. guard duty, obstacle construction, observation posts and patrols for squad/platoon sized elements, convoys with various numbers of troops and Civil Engineering Support Equipment (CESE), and communications set up). Individuals obtain small arms qualifications, advanced first aid training and crew

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YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO ADVANCE	COMMISSIONING OR OTHER SPECIAL PROGRAMS	SEA/SHORE FLOW	TYPICAL CAREER PATH DEVELOPMENT
26-30	СВСМ	21.2 Yrs	CSEL	36	4 th Shore Tour Billet: SEL, Program/Training Manager, NECC FORCE MDV Duty: Staff, NCG, NCR, NSW Support, DEVGRU, CBMU, EXWC, UCT
22-26	CBCM EOCS EOC	21.2 Yrs 18 14	CSEL CMDCM, Naval Academy CSEL/Company Chief	36	4th Sea Tour Billet: SEL, NMCB Company/Branch/OPS/ Training Chief, NCG MDV, NSW Transportation, J4 SEA, Operations/Training/ Logistics Planner. Duty: NMCB, NSW, UCT, NAVFAC, EXWC (MUSE)
19-22	CBCM EOCS EOC EO1	21.2 Yrs 18 14 10	SEL, Camp David, Equal Opportunity Advisor, RDC, Recruiter, SARP, SEA	36	3rd Shore Tour Billet: SEL, Company OPS Chief (A3), Division SEL, Course Manager, RSS, Deputy Program Manager, Training/Ops Chief, Instructor. Duty: NECC, CBMU, UCT, NCG, NMCB (RC), NCTC, NAVFAC, EXWC, CSFE, NSW
15-19	EOCS EOC EO1	18 Yrs 14 10		42	3rd Sea Tour Billet: Project Manager/Chief, Platoon CDR, Branch/Company/Ops Chief, Embark Chief, Detail OIC/AOIC, Water Well, Lead Blaster, NSW Transportation, J4 SEA, Operations Training/Logistics Planner, Trans/Crane/Mineral Products Sup., License Examiner, QC, Safety. LPO, RSO, Air Diving Supervisor Duty: NMCB, ACB, UCT, DEVGRU, NSW, NCHB, EXWC (MUSE)





YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO ADVANCE	COMMISSIONING OR OTHER SPECIAL PROGRAMS	SEA/SHORE FLOW	TYPICAL CAREER PATH DEVELOPMENT
12-15	EOC EO1 EO2	14 Yrs 10 5	LDO, OCS, CECP, Brig Duty, Camp David, Equal Opportunity Advisor, RDC, Recruiter, SARP, SERE Instructor, USS CONSTITUTION. SECNAV Tours with Industry (SNTWI),	36	2 nd Shore Tour Billet: LPO, Crew/Squad Leader, Instructor, Recruit Division Commander, Recruiter, Presidential Duty, Isolated Duty, Quality Control, Project Sup, QC, Safety. Duty: RTC, CBMU, NCG, NCR, NAVFAC, NCTC, EXWC, UCT, NSW Support, Camp David, NAVELSG
8-12	EO1 EO2	10 Yrs 5	LDO, OCS, CECP Tinker AFB, SECNAV Tours with Industry (SNTWI),	60	2nd Sea Tour Billet: LPO, Crew Leader/Project Sup, Instructor, Transportation Supervisor Yard Boss, Operations LPO, Platoon LPO, P&E, NSW Support, Crane Supervisor, Water Well, Blaster, Embark, License Examiner, Dispatcher, Collateral Custodian, Work Center Supervisor. Duty: NMCB, ACB, NSW Support, EOD, CRG, UCT, SBT, DEVGRU, NCHB
5-8	EO2 EO3	5 Yrs 3	STA 21, OCS, CECP, Brig Duty, Camp David, RTC, Recruiting Duty, DEVGRU, MUSE,LOGSU, UCT, SECNAV Tours with Industry (SNTWI),	36	1st Shore Tour Billet: Instructor, Recruit Division Commander, Recruiter, Crew Leader, Crane Crew, Dispatcher, Collateral Custodian FTL, SQD LDR. Duty: RTC, CBMU, NCG, EXWC, PWD, NSW, EOD, MDSU, NCHB, CSFE FLW Instructor Duty, NCTC, UCT
1-5	EO2 EO3	5 Yrs 3	Naval Academy, NROTC, STA-21 NSU,UCT	52	1st Sea Tour Billet: Basic trades. Crew Leader, Crane Crew, Dispatcher, Collateral Custodian, FTL, SQD LDR Duty: NMCB, NAVFAC, ACB, NCHB. Qualification: SCWS, EXW
1+/-	EOCN EOCA Accession training	9 months	Ceremonial Guard USS Arizona USS Constitution		Recruit Training, "A" School, and ECS (NEC 804G) if initial billet is NECC

Notes:

^{1.} **OCCUPATION FIELD 7 (OF-7) RATING**: Ratings in which primary technical focus is construction industry. "A" School is a requirement for all OF-7 ratings.





- 2. **E8 and E9 SEABEE RATINGS:** Three of the seven Seabee ratings compress to one rating at the E8 level. All of the Seabee rates then merge at the E9 level. All E8 Seabee ratings should be equally considered for advancement to E9 regardless of NEC or Special Program.
 - a. CUCS BU/SW/EA
 - b. CBCM CE/CM/CU/EO/UT

3. WARFARE QUALIFICATIONS:

- a. **SEABEE COMBAT WARFARE (SCW)** specialist warfare designation was established in 1992. Qualifying units are Naval Mobile Construction Battalions (NMCBs), the Amphibious Construction Battalion (ACB), Construction Battalion Maintenance Units (CBMUs) and Underwater Construction Teams (UCTs).
- b. **EXPEDITIONARY WARFARE** (**EXW**) specialist warfare designation was established in 2006. Qualifying units are Naval Mobile Construction Battalions (NMCBs), the Navy Cargo Handling Battalion (NCHB), Logistical and Support Unit (LOGSUPPUs), Explosive Ordnance Disposal Expeditionary Support Unit (EODSU), Coastal Riverine Squadron (CORIVRONs), Naval Construction Regiments (NCRs) and Underwater Construction Teams (UCTs).
- 4. **TRAINING:** Important to remember that majority of "C" School NECs are dropped once an individual is advanced to E7. NECs held (excluding voluntary progression within the Mobile Utilities Support Equipment (MUSE) and Underwater Construction Team (UCT) diver series) are not indicative of career motivation.
- 5. TYPICAL ASSIGNMENTS (NOT by order of precedence):
- a. **OVERSEAS CONTINGENCY INDIVIDUAL ASSIGNMENTS:** Unaccompanied billets lasting from 6 to 18 months located in Afghanistan, Djibouti, and various other locations. These billets are sea duty and offer advantages towards advancement.
- b. NAVAL SPECIAL WARFARE: NSW communities are in need of Seabees which can perform independently with little supervision. These units have sea and shore duty components. The mission is to provide support for teams CONUS and OCONUS. A security clearance is needed for these billets. DEVGRU is a CNO Priority One MAJCOM that develops NSW Tactics, Techniques, Procedures and equipment and supports a classified National mission. All members require command screening and a TS Clearance and can earn Combat Support (CS) and Combat Service Support (CSS) NEC's. JSOC Ops Chief requires command screening. Those assigned to NSW outside of DEVGRU provide CSS functions and are selected to fill LPO at Sea/Shore, OPS Chief, Training Chief, Safety Chief, Embark Chief, and Senior Enlisted Advisor positions, and earn the CSS NEC. Commanding Officer screened and challenging career milestone positions within the Naval Special Warfare include the Unit or Area Operations Chief, Engineering Department LCPO, Deployed SEAL Team SEA and Deployed SEAL Team Engineering LPO.
- c. NAVAL CONSTRUCTION REGIMENT (NCR): This challenging shore duty conducts tactical and operational level planning, maintain major contingency response capability, and exercise operational command and control of assigned engineering and expeditionary forces across the full range of military operations. Commanding Officer screened and challenging career milestone positions within the Naval Construction Regiments include the Unit or Area Operations Chief, Logistics Department LCPO, CESE and TOA Manager.
- d. NAVAL CONSTRUCTION GROUP (NCG): "Train, Equip, Deploy, and Employ" Naval Construction Groups prepare Naval Construction Force (NCF) units to conduct expeditionary and deliberate construction in support of Combatant Commanders, Navy Component Commanders and warfighter requirements. NCGs do this through combat and construction training, equipment and maintenance training, and logistical and mobilization support of our subordinate units. Challenging career milestone positions within the Naval Construction Groups include Operations Chief, Training Chief, Master Scheduler, Logistics LCPO, and Weapons and Tactics LCPO.

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- e. NAVAL MOBILE CONSTRUCTION BATTALIONS (NMCBs): This arduous, demanding sea duty is the pillar of the Naval Construction Force. While current rotation varies, typical homeport period is 12 months followed by 6 month deployment. NMCB's are home ported in Port Hueneme, CA and Gulfport, MS. Commanding Officer screened and challenging career milestone positions within the Naval Mobile Construction Battalions include the Operations Chief (S3C), Training Chief (S7C), Maintenance Supervisor (A4), and NMCB Air Detachment LCPO.
- f. **AMPHIBIOUS CONSTRUCTION BATTALIONS (ACBs):** Provides ship-to-shore transport of combat cargo (fuel, water, materials, and equipment) by means of causeway ferry operations in support of USMC and joint combat missions, peacetime forward littoral presence operations, and humanitarian assistance/disaster recovery operations. ACBs construct elevated and floating causeway piers, install ship-to-shore fueling systems, erect and operate support camps, execute defensive combat operations, deploy standing disaster recovery teams in support of domestic and foreign natural disasters and perform intermediate and depot level maintenance on organic equipment. Deployments are numerous and generally short-term. Each ACB has a sea and shore component. Currently, ACBs are home ported in San Diego, CA and Little Creek, VA.
- g. NAVAL CARGO HANDLING BATTALIONS (NCHBs): Navy Cargo Handling Battalion (NCHB) is a vital enabler of Maritime Prepositioning Forces (MPF), Joint Logistics Over the Shore (JLOTS) operations, and maritime forces ashore providing expeditionary cargo handling services for surface, air, terminal operations, tactical fueling, and ordnance handling/reporting in support of worldwide Naval, Joint, interagency, and combined forces/organization. Deployments are numerous and short-term and are located on every continent. Seabees assigned to NCHB perform camp maintenance, perimeter defense, embarkation, convoy support, and lead cargo operations in rapidly deployable platoon size elements. The only active duty NCHB is homeported in Williamsburg, VA.
- h. CONSTRUCTION BATTALION MAINTENANCE UNIT (CBMU): Primary mission during major combat operations is to provide minor camp construction and base operating support for Navy Expeditionary Force higher headquarter command elements and Expeditionary Medical Facilities, and to provide embarkation support to Naval Construction Force movement control centers. Secondary mission: Provide humanitarian assistance/disaster relief support to various Navy Regional Commanders when executing defense support of Civil Authority.
- i. NAVAL SUPPORT UNIT STATE DEPARTMENT (NSU): Provides the Department of State (DOS) with specialized skills in construction, maintenance, and the installation/repair of technical and physical security systems essential to DOS Diplomatic Security (DS), Counter-Intelligence, and Counter-Measures programs worldwide. Must be able to obtain a TS/SCI clearance.
- j. UNDERWATER CONSTRUCTION TEAMS (UCTs): Provide construction, inspection, and repair of ocean facilities such as wharves, piers, underwater pipelines, moorings, boat ramps, etc. Seabees divers are capable of diving to 190 feet utilizing SCUBA or Surface Supplied Diving Systems to perform underwater construction. The UCT community consists of Seabee Divers with the majority of technicians being stationed at the Underwater Construction Teams which are located in Little Creek, VA and Port Hueneme, CA. Each UCT has a sea and shore component in a perpetual sustainment OFRP that causes a very high OPTEMPO on both sea and shore duty This type duty offers challenging small unit leadership opportunity. Other duty stations include NECC, NCG, NDSTC, EXWC, SPAWAR, and Experimental Diving Unit (EDU). SEABEE UCT NECs: To reach the pinnacle of the Seabee UCTs Enlisted Diver community, service members must attain increasing levels of knowledge and responsibility through the three tiered NEC series:
 - I. B17A UCT Basic Diver (Apprentice Skill set)
 - a. Considerations for promotion from E6 to E7
 - i. No special considerations for promotion from E6 to E7
 - ii. Consider as a junior enlisted skill level
 - iii. Non-Diversity of assignment should not be a detractor
 - iv. Back to back shore duty is not career enhancing
 - II. B16A UCT Advanced Diver (Journeyman Skill set)
 - a. Considerations for promotion from E6 to E7





- i. Special consideration for advancement should be given to those who are qualified as Air Diving Supervisor and Demolition Range Safety Officer
- ii. Limited Collateral Duties or community service should not be a detractor due to members having very high OPTEMPO
- iii. Should have served as a LPO
- iv. Personnel assigned to NCG or NDSTC instructor billets (NEC 805A) and Navy Military Trainer (NMT) qualifications are carefully screened and selected to that assignment. Seabee's selected to serve on one of these staffs are considered to be at the top of operational expertise and are highly valued by the Naval Construction Force.
- v. Back to back shore duty is not career enhancing
- b. Considerations for promotion from E7 to E8
 - i. Should have served as Construction Dive Detachment LCPO
 - ii. Should have 36 months dive duty as a B16A NEC holder
 - iii. Limited Collateral Duties or community service should not be a detractor due to members having very high OPTEMPO
 - iv. Back to back shore duty is not career enhancing
- III. B18A UCT Master Diver (Master Skill set)
 - a. Considerations for promotion from E8 to E9
 - i. Should have B18A NEC
 - b. Commanding Officer screened and challenging career milestone positions within the UCT community include the Operations Chief, NCG Master Diver, Command Master Diver and NDSTC Master Diver
 - c. Limited Collateral Duties or community service should not be a detractor due to members having very high OPTEMPO
- k. MOBILE UTILITIES SUPPORT EQUIPMENT (MUSE): Provides specialized, easily transportable electrical equipment for temporary support of utility and critical power systems, as well as, highly skilled Seabee technicians to provide technical assistance and training. MUSE includes generation, transformation, and distribution to meet emergency and unforeseen utility shortfalls. The Department of the Navy (DON) will provide MUSE to meet the requirements of federal and non-federal activities to serve in five core mission areas: Cold Iron Support, Facility Support, Contingency Response, Expeditionary Support, and as directed from higher. MUSE is located at Naval Base Ventura County, Port Hueneme, CA and consists of sea and shore component. MUSE program does not have OPCON or ADCON to B03A technicians assigned to satellite billets, NCTAMS, NCTS, PWD. These considerations are specific to MUSE Technicians serving in one of the two MUSE Program NAVFAC EXWC, Port Hueneme, CA billets. SEABEE MUSE NEC: MUSE Seabees are designated by NEC B03A and developed through the achievement of three specialty job qualification requirements, MUSE TECHNICIAN (MT), SENIOR MUSE TECHNICIAN (SMT), and MASTER MUSE TECHNICIAN (MMT):
 - I. MUSE technician (MT)
 - a. No special considerations for promotion from E6 to E7
 - i. Consider as a junior enlisted skill level

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- ii. Non-diversity of assignments should not be a detractor
- iii. Back to back shore duty should not be a detractor
- II. Senior MUSE Technician (SMT) Time in program matters. Senior MUSE Technician qualification expected after 3-5 years in program.
 - a. Considerations for promotion from E6 to E7
 - i. Prospective E7 Senior MUSE Technician (by order of precedence):
 - 1. Should have served as Branch Leading Petty Officer (LPO)
 - 2. Should have served as Detachment Officer in Charge (Det OIC)
 - ii. Short tour to support a MUSE satellite billet or billet outside MUSE Port Hueneme, CA should not be a detractor
 - iii. Limited Collateral Duties or community service should not be a detractor if member has high OPTEMPO





- iv. Non-diversity of assignments should not be a detractor
- v. Back to back shore duty should not be a detractor
- III. Master MUSE Technician (MMT)
 - a. Considerations for promotion from E7 to E8
 - i. Prospective E8 Master MUSE Technician (by order of precedence):
 - 1. Should have served as Branch Leading Chief Petty Officer (LCPO)
 - 2. Should have completed IA assignment
 - ii. Short tour to support a MUSE satellite billet or billet outside MUSE Port Hueneme, CA should not be a detractor
 - iii. Non-diversity of assignments should not be a detractor
 - iv. Back to back shore duty should not be a detractor
 - b. Considerations for promotion from E8 to E9
 - i. Prospective E9 Master MUSE Technician (by order of precedence):
 - 1. Should have served as a Program Manager
 - Should have served as Deputy Program Manager or Division LCPO
 - ii. Short tour to support a MUSE satellite billet or billet outside MUSE Port Hueneme. CA should not be a detractor
 - iii. Non-diversity of assignments should not be a detractor
 - iv. Back to back shore duty should not be a detractor
- 1. MyNAVYHR (Formerly MANPOWER, PERSONNEL, TRAINING AND EDUCATION (MPTE)): Responsible for "cradle-to-grave" monitoring, management and readiness of the health and welfare of the Seabees. Command screened and challenging career milestone positions include the Seabee Enlisted Community Tech Ad, Detailers, Placement Coordinators, Rating Specialists and Manpower Analyst.
- m. **PRESIDENTIAL RETREAT, CAMP DAVID/ WHITE HOUSE DUTY:** These jobs are high visibility slated jobs that require command screening and must be able to obtain a YW clearance. The mission of the Presidential Retreat, Camp David is to provide a secure, safe, and uniquely private location for the President, First Family, and invited guests to work or relax. Personnel selected for this challenging, yet rewarding duty assignment must be the top performers within their respective rating who possess the highest standards of personal character, integrity, and commitment to mission accomplishment. Applications for this assignment require a three year service commitment and should begin the application process 15-18 months prior to their PRD.
- n. **RECRUITING / RECRUIT DIVISION COMMANDER / INSTRUCTOR:** These billets are challenging leadership positions associated with the process of "Sailorization". These challenging shore assignments offer huge advantages towards advancement. Must be SCW qualified and have a history of sustained superior performance to qualify for these billets. Jobs are command screened.
- o. **SECRETARY OF THE NAVY TOURS WITH INDUSTRY (SNTWI):** These tours offer the service member a chance to learn from and with leading industry, partners to better improve leadership, management, and communications skills. The tour will provide valuable perspective to civilian business world about the Navy and in turn provide the service member with a unique look at civilian best practices.
- p. **PUBLIC WORKS DEPARTMENT**;: Vital to the Navy's shore operations, PWDs are the frontlines of the Naval Facilities Engineering Command. The Installation Commanding Officer relies on the Public Works Department to maintain existing infrastructure and roads, provide electricity, water, and sanitation services. OCONUS Fleet Headquarters and Aegis Ashore Ballistic Missile Defense locations are high visibility and high OPTEMPO. Challenging career milestone positions include: Senior Enlisted Leader, Production Division Director, Transportation Branch Head, Facilities Management and Sustainment Branch Head, and Requirements Branch Head.

CONSIDERATIONS FOR ADVANCEMENT FROM E6 TO E7

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- E7 (Typical) Experience in all primary Seabee assignments (Operations Sup, Transportation. Sup, Crane Sup, Project Manager, Facilities Manager, and Special Programs). Warfare qualification: Seabee Combat Warfare (SCW) and/or Expeditionary Warfare (EXW) or other (if have not been assigned to SCW qualifying unit). Advanced Training: Navy Enlisted Classifications (NECs) specifically EO Advance, Water Well, Blaster and/or Crane Operator, Asphalt Batching & Paving Operations, Primary Professional Military Education, College Credits, Master Training Specialist.
 - I. Sustained superior performance
 - II. Documented leadership, highlighting impacts on commands' missions and Sailors' careers
 - III. Should have demonstrated advanced knowledge of Expeditionary/Contingency Construction and Warfare
 - IV. Must have requalified on primary Warfare (if assigned to a qualifying command)
 - V. Should be Subject Matter Expert in Planning & Estimating and specifically in Horizontal Construction
 - VI. Should have demonstrated advanced knowledge in Transportation/ Heavy Equipment Operations/ Cranes/ Water Well/ Blasting and Quarry Operations/Asphalt Batching & Paving/ Embark/ Licensing
 - VII. Should have demonstrated advanced knowledge of Construction Management
 - VIII. Should be Subject Matter Expert for Tool Use, Maintenance and Safety Procedures
 - IX. Should have demonstrated advance knowledge on Project Management
 - X. Should have demonstrated ability to manage Safety and Quality Control Program
 - XI. Did not have gaps in eval continuity

Sea Assignments

- Should have served as Asst Platoon Chief, LPO or Right Guide, Assistant LPO, Project Supervisor, Det Ops, Quality Control, Safety, Crane Crew Supervisor, Transportation Supervisor, Licensee examiner
- ii. Should have Command Collateral or assisted (ie: ACFL, ACMEO, ADAPA) with quantifiable & impactful results
- iii. Should have actively demonstrated leadership among peers and subordinates

> Shore Assignments

- i. Personnel assigned to TYCOM (NECC) or SYSCOM (NAVFAC) staff, NPC, or OF-7 (Seabee) "A" School or Advanced School instructors (with 805A NEC or Navy Military Trainer (NMT) qualification) are carefully screened and selected for those assignments. Sailors selected to serve on one of these staffs are considered to be at the top of operational expertise and are highly valued by the OF-7 (Seabee) community.
- ii. Personnel Assigned to RDC as a Recruit Division Commander, are carefully screened and selected for this high priority assignment
- iii. Personnel assigned to OCONUS hard fill and/or independent duty should be viewed as a challenging assignment that is valued by the OF-7 (Seabee) community

CONSIDERATIONS FOR ADVANCEMENT FROM E7 TO E8

- E8 (Typical) Experience of increased responsibility and complexity in primary Seabee responsibility assignments (Project Manager, Facilities Manager, Special Programs). Advanced Training: Senior Enlisted Academy, JPME, and Associate's Degree Project Management Professional Certification (PMP Cert).
 - I. Preceding E7 criteria
 - II. Sustained superior performance
 - III. Should have demonstrated the ability to lead Sailors and Develop Junior Officers
 - IV. Must have requalified on primary Warfare (if assigned to a qualifying command)
 - V. Warfare devices in addition to Seabee Combat Warfare Qualified (if applicable)





- VI. Involvement in committees or boards that help in development of Sailors in the command
- VII. Should have demonstrated the ability to develop and lead CPOs
- VIII. Did not have gaps in eval continuity

Sea Assignments

- i. Should be qualified CDO
- ii. Should have served as Dept LCPO, Detail SEL/AOIC, Dept CPO, 3MC, A3
- iii. Should have had Command Collateral with quantifiable & impactful results.

➤ Shore Assignments:

- i. Personnel assigned to TYCOM (NECC) or SYSCOM (NAVFAC) staff, NPC, or OF-7 (Seabee) "A" School or Advanced School instructors (with 805A NEC or Navy Military Trainer (NMT) qualification) are carefully screened and selected for those assignments. Sailors selected to serve on one of these staffs are considered to be at the top of operational expertise and are highly valued by the OF-7 (Seabee) community.
- ii. Should have had Command Collateral with quantifiable & impactful results

CONSIDERATIONS FOR ADVANCEMENT FROM E8 TO E9

- E9 (Typical) Proven ability to lead and direct people and organizations in tough, highly visible and challenging environments. Superior performance as Senior Enlisted Advisor/Leader (FEC/Expeditionary/Navy/Joint). Advanced Training: Senior Enlisted Academy, JPME, Bachelor's Degree. Project Management Professional Certification (PMP Cert)
 - I. Preceding E8 criteria
 - II. Sustained superior performance broken out amongst their peers
 - III. Must have requalified on primary Warfare (if assigned to a qualifying command)
 - IV. Should have demonstrated the ability to lead Chiefs and develop Officers
 - V. Should have served as an Expeditionary Operations, Training Chief, Company Chief or equivalent (NMCB/NCR/NCG/CTF/NECC,NSW)
 - VI. Documented ever increasing CHALLENGING leadership roles, results of leadership on commands mission and sailors. Excelling at multiple commands, didn't stay in comfort zone
 - VII. Mentorship and professional development of Junior Sailors, Chiefs and Officers

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- VIII. Earning additional special qualifications when available
- IX. Mess/CPOA association involvement, leadership roles
- X. CPO Initiation Committee lead or major role
- XI. Did not have gaps in eval continuity.

Sea Assignments

- Should have had Command Collateral with quantifiable & impactful results
- ii. Should have served as a Company/Division Chief, Command SEL/LCPO, OIC, SEA, S3C, S7C

Shore Assignments

- i. Personnel assigned to TYCOM (NECC) or SYSCOM (NAVFAC) staff, NPC, or OF-7 (Seabee) "A" School or Advanced School instructors (with 805A NEC or Navy Military Trainer (NMT) qualification) are carefully screened and selected for those assignments. Sailors selected to serve on one of these staffs are considered to be at the top of operational expertise and are highly valued by the OF-7 (Seabee) community.
- ii. Should have had Command Collateral with quantifiable & impactful results





6. ACRONYMS:

ACFL (Assistant Command Fitness Leader)

AFRH (Armed Forces Retirement Home)

CART (Command Assessment of Readiness and Training)

CBMU (Construction Battalion Maintenance Unit)

CECOS (Civil Engineer Corps Officers School)

CFL (Command Fitness Leader)

CMEO (Command Managed Equal Opportunity)

CORIVGRU (Commander Riverine Group)

CRG (Coastal Riverine Group)

CRF (Coastal Riverine Force)

CSEL (Command Senior Enlisted Leader)

CSFE (Center for Seabees and Facilities Engineering)

CSSD (Combat Service Support Detachment)

DAPA (Drug and Alcohol Program Advisor)

DEVGRU (Naval Special Warfare Development Group)

ECM (Enlisted Community Manager)

ECS (Expeditionary Combat Skills)

EODSU (Explosive Ordnance Disposal Support Unit)

EURAFSWA (Navy Region Europe, Africa, Southwest Asia)

EXW (Expeditionary Warfare)

EXWC (Engineering and Expeditionary Warfare Command)

LCPO (Leading Chief Petty Officer)

LPO (Leading Petty Officer)

MTS (Master Training Specialist)

MUSE (Mobile Utilities Support Equipment)

NAVELSG (Navy Expeditionary Logistics Support Group)

NAVFAC (Naval Facilities Engineering Command)

NCG (Naval Construction Group)

NCR (Naval Construction Regiment)

NCTC (Naval Construction Training Center)

NDSTC (Naval Diving and Salvage Training Center)

NEC (Navy Enlisted Classification)

NECC (Navy Expeditionary Combat Command)

NMCB (Naval Mobile Construction Battalion)

NSW (Naval Special Warfare)

OCONUS (Outside Continental United States)

OSA (Over Seas Assignment)

PME (Primary Military Education)

PWD (Public Works Department)

SARP (Substance Abuse Rehabilitation Program)

SCWS (Seabee Combat Warfare Specialist)

SEA (Senior Enlisted Advisor)

SEL (Senior Enlisted Leader)

SEJPME (Senior Enlisted Joint Primary Military Education)

SOY (Sailor of the Year)

SPAWAR (Space and Naval Warfare Systems Command)

SPECWAR (Special Warfare)

TYCOM (Type Commander)

UCT (Underwater Construction Team)





EO CAREER PATH SELECTED RESERVE (SELRES)

Equipment Operator (EO): Construction skills performed include: Operating construction equipment, weight handling equipment (cranes), material handling equipment (forklifts), and heavy transportation vehicles. Equipment Operators perform horizontal construction (including asphalt paving), conduct quarry/blasting operations, line haul operations and operate water well drilling equipment. Equipment Operators also read and interpret blueprints, prepare sketches for construction projects and make estimates of material, labor and equipment requirements. In addition to supporting the Naval Construction Forces, Equipment Operators are in high demand to provide support to Special Warfare and Explosive Ordnance Disposal Units. Combat skills performed include: Embarkation via airlift/sealift; Chemical, biological, radiological, nuclear (CBRN) response including individual and unit protection and decontamination; coordinating disaster recovery teams (DRT) and airfield damage repair (ADR) teams; performing camp security (e.g. guard duty, obstacle construction, observation posts and patrols for squad/platoon sized elements, convoys with various numbers of troops and Civil Engineering Support Equipment (CESE), and communications set up). Individuals obtain small arms qualifications, advanced first aid training and crew served weapons qualifications.

YEARS OF **CAREER** AVERAGE COMMISSIONING SEA/SHORE TYPICAL CAREER PATH SERVICE **MILESTONES** TIME TO OR OTHER **FLOW** DEVELOPMENT **PROMOTE SPECIAL PROGRAMS** 29-30 **EQCM** 22.8 Yrs CMDCM, SEL N/A Billet: CMDCM, SEL, A6A Duty: NECC, Staff, NCG, NSW LOGSUPPU, NFELC, CBMU, NCBH, ACB 26-29 **EQCM** CMDCM, SEL, N/A Billet: CMDCM, SEL, A6A, 22.8 Yrs **EOCS** 19.2 Company Chief Duty: NECC, Staff, NCG, NSW LOGSUPPU, NFELC, CBMU, NCBH, ACB 22-26 **EQCM** N/A Billet: CMDCM, SEL, A6A, 22.8 Yrs EOCS 19.2 A5 **EOC** 14.7 Duty: NECC, Staff, NCG, NSW LOGSUPPU, NFELC. CBMU, NCBH, ACB 19-22 **EOCS** 19.2 Yrs LDO, OCS, MECP, N/A Billet: Transportation Chief, EOC 14.7 SEL, Command Equal AOIC, SEL EO1 10 Opportunity Advisor, Duty: NECC, Regiment, DAPA CBMU, UCT, NCG, NMCB 15-19 EOC 14.7 Yrs N/A Billet: Project Manager, EO1 10 Platoon CDR, Company Ops Chief, AOIC Duty: NMCB, ACB, UCT, **NSW LOGSUPPU** 12-15 EO1 LDO, OCS, MECP, Billet: LPO, Crew Leader, 10 Yrs N/A EO2 5.8 Command Equal Squad Leader Duty: CBMU, CBC, NCR, Opportunity Advisor PWD, UCT, NSW Support

Revised: July 2019





EO CAREER PATH SELECTED RESERVE (SELRES)

YEARS OF SERVICE	CAREER MILESTONES	AVERAGE TIME TO	COMMISSIONING OR OTHER	SEA/SHORE FLOW	TYPICAL CAREER PATH DEVELOPMENT
SERVICE	MILESTONES	PROMOTE	SPECIAL PROGRAMS	FLOW	DEVELORMENT
8-12	EO1 EO2	10 Yrs 5.8	LDO, OCS, MECP, STA21	N/A	Billet: LPO, Crew Leader, Instructor, Training PO, Quality Control, Safety, NSW Support Duty: NMCB, ACB, NSW LOGSUPPU, UCT, SBT Qualification: Key Billet Training/Advanced NEC
5-8	EO2 EO3	5.8 Yrs 1.3	STA 21, OCS, MECP	N/A	Billet: Alfa Company Duty: NMCB, CBMU, ACB, CBMU, NCHB
1-5	EO2 EO3	5.8 Yrs 1.3	Naval Academy, NROTC, STA-21	N/A	Billet: Basic trades. Duty: NMCB, CBMU, PWD Qualification: SCWS/EXW
1+/-	EOCN EOCA Accession training	9 months			Recruit Training, "A" School, and ECS (NEC 90CS) if initial billet is NECC

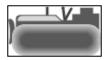
Notes:

- 1. "A" school is required for this rating.
- 2. This is a compression rating.
- 3. *E8 and E9 SEABEE RATINGS:* Three of the seven Seabee ratings compress to one rating at the E8 level. The remaining four compress at the E9 level.
 - $a. \ \ CUCM-CUCS-BU/SW/EA$
 - b. EQCM CM/EQ
 - c. UCCM CE/UT

4. SEABEE NECs:

NECs earned during active duty may be retained, but not guaranteed. Any NEC may be challenged/earned based upon civilian occupation and training documentation. NECs held are not indicative of career motivation.

- 5. **TRAINING:** It is important to remember that the majority of "C" Schools are dependent on reserve training funds and schoolhouse seat availability.
- 6. OCCUPATION FIELD 7 (OF-7) RATING: Ratings in which primary technical focus is construction.
- 7. WARFARE QUALIFICATION: The Seabee Combat Warfare (SCW) specialist warfare qualification designation was established in 1992. Qualifying units are a Naval Mobile Construction Battalion, (NMCBs), the Amphibious Construction Battalion (ACB), and the two Underwater Construction Teams (UCTs). The Expeditionary Warfare Specialist (EXW) warfare qualification designation was established in 2006. Qualifying commands are Coastal Riverine Groups/Squadrons, Navy Expeditionary Logistics units (includes Navy Cargo Handling Battalions and Navy Expeditionary Logistic Regiments.
- 8. CHALLENGING ASSIGNMENTS:







- a. *OVERSEAS CONTINGENCY SUPPORT ASSIGNMENTS:* Unaccompanied billets lasting from 6 to 11 months located in Afghanistan, Djibouti, Bahrain, Qatar, and various other locations. These billets are offer advantages towards advancement.
- b. *SPECWAR/SPECOPS:* More billets supporting these specific units have been created. The SPECWAR and SPECOPS communities are in need of Seabees, especially the NOS H120 (CM) and NOS H150 (EO) ratings. The mission is to provide support for teams CONUS and OCONUS. A security clearance is needed for these billets.
- c. *NAVAL MOBILE CONSTRUCTION BATTALIONS (NMCBs):* This is the bread & butter of the Naval Construction Force. The current rotation varies and depends on the threat level and required mission capabilities. This type duty offers better leadership opportunities. Reserve NMCB's are based in Port Hueneme, CA and Gulfport, MS.
- d. *CONSTRUCTION BATTALION MAINTENANCE UNIT (CBMU):* Take over the maintenance of bases on which major construction had been completed. CBMU's provide public works support at Naval Support Activities, Forward Operating Bases, and Fleet Hospital/Expeditionary Medical Facilities during wartime or contingency operations. They also provide disaster recovery support to Naval Regional Commanders in CONUS. Units are located in Port Hueneme, CA and Gulfport, MS.
- e. *AMPHIBIOUS CONSTRUCTION BATTALIONS (ACBs):* Provides ship to shore transportation of fuel, materials, and equipment by means of barge ferry operations. ACBs construct elevated and floating causeway piers, install ship to shore fueling systems, erect medium-size portage-support camps, and provide camp support, perimeter defense, and construction support. Deployments are numerous and short-term. Each ACB has a sea and shore component. Currently, ACBs are home ported in San Diego, CA and Little Creek, VA.

Considerations for advancement from E6 to E7

- 9. E7 Selection Board. Most Fully Qualified EO1s for promotion to EOC demonstrate the following:
 - Sustained superior performance broke out among their peers.
 - Documented leadership, results of leadership on commands mission and Sailors.
 - SCW qualified a must if assigned to qualifying unit.
 - In rate knowledge, earned advance EO NEC and/or other EO, NCF related NECs if possible. Safety or Quality Control programs.
 - Sailor 360 involvement, facilitator, leadership roles.
 - FCPO association involvement, leadership roles a plus.
 - JPPME, PPME. Formal and professional education.
 - Mentorship and professional development of Sailors. Told what they did, how they did it, and showed results.
 - Did not have gaps in eval continuity.

Considerations for advancement from E7 to E8

- 10. E8 Selection Board. Most Fully Qualified EOCs for promotion to EOCS demonstrate the following:
 - Sustained superior performance broke out among their peers.
 - Documented CHALLENGING leadership roles, results of leadership on commands mission and Sailors. Excelling at multiple commands, didn't stay in comfort zone.
 - Earning special qualifications when available.
 - In rate knowledge, earned advance EO NEC and/or other EO, NCF related NECs if possible. Safety or Ouality Control programs.
 - Sailor 360 involvement, facilitator, leadership roles.
 - Mess/CPOA association involvement, leadership roles a plus.
 - Mentorship and professional development of Sailors. Told what they did, how they did it, and showed







results.

- JPPME, PPME, SEA, Formal and professional education.
- Serving as a Company Operations or Training Chief or equivalent.
- CMEO, Career Counselor or special program leader.
- Did not have gaps in eval continuity.

Considerations for advancement from E8 to E9

- 11. E9 Selection Board. Most Fully Qualified EOCSs for promotion to EQCM demonstrate the following:
 - Sustained superior performance broke out among their peer.
 - Documented ever increasing CHALLENGING leadership roles, results of leadership on commands mission and Sailors. Excelling at multiple commands, didn't stay in comfort zone.
 - Earning additional special qualifications when available.
 - Sailor 360 involvement, facilitator, leadership roles.
 - Mess/CPOA association involvement, leadership roles.
 - Mentorship and professional development of Sailors. Told what they did, how they did it, and showed results.
 - JPPME, PPME, graduate of SEA, formal and professional education.
 - Serving as NMCB/NCR Operations or Training Chief or Company Chief or equivalent.
 - CMEO, Career Counselor or special program leader.
 - Involvement in committees or boards that help in development of Sailors and/or your community.
 - Did not have gaps in eval continuity.







Equipment Operator Occupational Advancement Requirement Standards (OARS) to E4 NAVEDTRA 44037

NAME:

These Occupational Advancement Requirement Standards (OARS) may be used to validate minimum competencies for performing various rating-specific tasks in paygrade E4 in this rating. OARS is based on the Personnel Advancement Requirements (PARS) that were in place prior to 2000 and encompass the Occupational Standards (OCCSTDs) for the rating/paygrade.

Generally, each OARS task area encompasses one or more occupational standards on the same or similar subjects and is written in on-the-job rating language. Completion indicates the candidate can perform the tasks. If circumstances exist that limits a Sailor's ability to effectively demonstrate any OARS task element due to equipment configuration, mission, or operational status, a command may deem a physical demonstration portion not mandatory. However, commanding officers (CO) must be satisfied that the individual possesses the necessary knowledge, skills, and abilities (KSAs) and can properly demonstrate any OARS task at the E4 paygrade, at the current command or other future commands before final signature.

OARS is not designed to replace other qualification programs such as Personnel Qualification Standards (PQS). OARS items that duplicate "sign off" items in these types of programs can be signed off if they have already been signed off under any of these types of programs. OARS is noncompetitive and no relative or absolute mark is assigned.

CONSTRUCTION MANAGEMENT

Task Objective	** Supv Init	Date
Develop construction estimates		
Develop construction project sketches and diagrams		
Inventory project tools and materials		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

Any person who, with intent to deceive, signs any false record, return, regulation, order, or other official document, knowing it to be false, or makes any other false official statement knowing it to be false, shall be punished as a court-martial may direct.

(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

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EARTHWORK

Task Objective	** Supv Init	Date
Compact earthwork materials		
Compute earthwork mathematical equations (e.g. elevations, grade stakes, material volumes)		
Conduct site and elevation surveys		
Distribute water (i.e. water wagon, water tanker, water truck)		
Establish finished grade		
Establish rough grade		
Excavate ditch		
Excavate materials		
Excavate trench		
Load soil and earth materials		
Prepare construction site (i.e. clearing, grubbing, stripping and pioneering)		
Transport soil and earth materials		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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MATERIAL HANDLING EQUIPMENT (MHE)

Task Objective	** Supv Init	Date
Configure underslung loads using Material Handling Equipment (MHE) (i.e. utilizing certified rigging gear to lift load)		
Handle cargo and materials using Material Handling Equipment (MHE) (e.g. extended boom, rough terrain, container handling, warehouse, forklift)		
Perform aircraft loading and unloading Material Handling Equipment (MHE) operations		
Perform explosive ordnance Material Handling Equipment (MHE) operations		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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MINERAL PRODUCTS

Task Objective	** Supv Init	Date
Drill rock		
Mix concrete using transit mixer		
Perform quarry operations (e.g. mucking, sorting, transportation of blast rock)		
Produce material utilizing mineral products plant equipment (e.g. asphalt plant, concrete plant, washing/screening plant, crushers)		
Transport concrete using transit mixer		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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 $(Aug.\ 10,\ 1956,\ ch.\ 1041,\ 70A\ Stat.\ 71;\ Pub.\ L.\ 114-328,\ div.\ E,\ title\ LX,\ \S\ 5419,\ Dec.\ 23,\ 2016,\ 130\ Stat.\ 2946.)$

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PAVEMENTS

Task Objective	** Supv Init	Date
Apply asphalt surface treatments (e.g. chip seal, prime and tack coats, slurry coat)		
Place asphalt		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

SEABEE COMMON CORE

Task Objective	** Supv Init	Date
Apply combat life saving techniques		
Conduct field communications equipment operational checks		
Conduct personal protection and decontamination (DECON) procedures		
Conduct small arms operational checks		
Employ Advance Base Functional Component (ABFC) systems		
Employ field communications equipment		
Employ grenades, mines, and pyrotechnics		
Employ land survival techniques		
Employ small arms		
Maintain Personal Gear Issue (PGI)		
Patrol assigned areas		
Perform command and control of a fire team		
Prepare cargo and equipment for transport (e.g. weight, balance, and marking)		
Set tactical defenses		
Transport troops and equipment (e.g. convoy)		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

TRANSPORTATION OPERATIONS

Task Objective	** Supv Init	Date
Conduct first echelon level maintenance on Civil Engineer Support Equipment (CESE)		
Conduct vehicle recovery operations (e.g. Medium Tactical Vehicle Replacement (MTVR), bulldozer)		
Configure load for transportation (i.e. proper weight and size distribution)		
Distribute fuel		
Secure equipment and materials for transportation		
Transport equipment and materials		
Transport explosive ordnance materials		
Transport personnel		
Transport water (i.e. water tank, water truck, six-con)		

^{**} Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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(Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114-328, div. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)

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WEIGHT HANDLING EQUIPMENT (WHE)

Task Objective	** Supv Init	Date
Rig load		

** Supv Init may be LPO or E5 or above designee

DIVISION LEADING CHIEF (OR DESIGNEE) SIGNATURE:

PENALTY STATEMENT

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Command signatures signify the meeting of the minimur Signature level at discretion of command.	n competencies for those in paygrade E-4 in this rating.
DIVISION OFFICER:	
DEPARTMENT LCPO:	
DEPARTMENT HEAD:	
COMMAND CAREER COUNSELOR:	
COMMAND MASTER CHIEF:	
COMMANDING OFFICER:	•
PENALTY STATEMENT Any person who, with intent to deceive, signs any false record, other false official statement knowing it to be false, shall be pur (Aug. 10, 1956, ch. 1041, 70A Stat. 71; Pub. L. 114–328, div. E	return, regulation, order, or other official document, knowing it to be false, or makes any nished as a court-martial may direct. E, title LX, § 5419, Dec. 23, 2016, 130 Stat. 2946.)
Command Comments – Command Use Only:	
Enlisted Community Manager Comments:	

COMMAND ENDORSEMENT

Once an individual Sailor's Occupational Advancement Requirement Standards (OARS) have been completed and endorsed by the local Command, documentation of completed OARS by the Command Pay and Personnel Administrator (CPPA), Training Officer, or other authorized command representative will be via Navy Standard Integrated Personnel System (NSIPS) within the Personnel Qualifications section, or Advanced Skills Management (ASM) within the Qual/Cert Records tab. Entries will generate an Enlisted Service Record (ESR) and Electronic Training Jacket (ETJ) entry. These entries provide Sailors with electronic documentation of OARS completion as well as Command and Navy Advancement stakeholders ability to monitor the execution of OARS.







Equipment Operator Constructionman Recruit to Constructionman

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Interservice Equipment Operator "A" School (EO-A) ¹	Fort Leonard Wood, MO	A-730-0010	71 days	
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
None				

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ^{1 2}	See CANTRAC	K-062-0102	33 days	
B17A - Basic Underwater Construction Technician ²	Panama City, FL	A-433-0036	162 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 Available to E3 but not to E1 and E2

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:	
Mobilization UIC:					
Naval Reserve Activity:					
Division Officer:				Phone Number:	
Leading Chief Petty Office	er:			Phone Number:	
Leading Petty Officer:				Phone Number:	
Sponsor/Mentor:				Phone Number:	
Depart/Division Career Counselor:				Phone Number:	
Date of Initial Entry to Mil Pay Entry Base Date (PE	•	s):	Date of Initia	I Entry Reserve Force	s (DIERF):
• •	ort Date:	EAOS/EOS:	PRD:	SEA / SHC	DRE: /
PAYGRADE E1/E2 (9 me PAYGRADE E3 (6 month Date Advanced: HYT Date: Command INDOC comp	ns time in service rec Eligible Adva Security Clearance	quired to be eligit incement Date:	ole for advancem	ent to É4) umber of times up:	
——————————————————————————————————————	icic.				
	OPNAVINST 1040).11(ser) & Care		RDS: andbook NAVPERS 1 Career Information Man	
Reporting (within 60 days Professional Apprentices 6 Month:	•	ACT) only:	s for SELRES) (D	ate Conducted):	
24 Month:	48 Month:	60 Month:			
Family Care Plan:	Mil to Mil:	oo wortan.			
Sailor 360:	Special Program:	N	Member Request:		
HYT 24 months (Date):	HYT W	Vaiver Date:		Approve Disappro	ove
C-WAY-REEN 18 months	s to EAOS/EOS:	Care	er Waypoint not	approved:	
Rating Conversion:	Navy Form	nal Training Sch	ools Request ("A'	"/"C"etc):	
Transfer:	Separation:	Career S	tatus Bonus (elec	ction message receive	ed):
Physical Fitness Test Fai	lure:	Overseas Tour E	Extension Incentiv	es Program (OTEIP):	
Advancement Center: (Items to collect/discuss:	Visit MNP Advance Bibliography for Adv	ement & Promo ancement, Enlis	tion page locate ted Advancemen	ed under the Career of Exam Strategy Guide	& Life Events Tab e, Profile Sheets)
Advancement:					
Enlisted to Officer Con	nmissioning Progra	m Application	& Administratio	n Manual OPNAVINS	ST 1420.1(series):
Commissioning Programs	Applications:	(prior to	submission, comn	nand endorsement):	
Seaman to Admiral 21 (ST	·		d Commissioning F	Program (MECP):	
Naval Academy:	Naval Academy	y Preparatory Sch	ool (NAPS):		
Officer Candidate School:	ravai / teadem	y i reparatory our	iooi (INAI 3).		

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

- Needs to be completed within 30 Months after enrollment
 Only if assigned to an NECC or NSW qualifying Command.
 Eligible if attached to a FMF Unit
 Eligible if assigned to CYBERFOR Command.

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Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Seabee Embark PQS (NAVEDTRA 43810-A) ¹		
MRAP PQS (NAVEDTRA 43812-A) ²		
CAT 120M Grader PQS (NAVEDTRA 43811) ²		
Seabee Combat Warfare for NMCB Specific (NAVEDTRA 43904-1F) ³		
Seabee Combat Warfare (SCW), Unit Specific for PHIBCB (NAVEDTRA 43904-2E) 4		
Seabee Combat Warfare (SCW), Unit Specific for Underwater Construction Team (UCT) (NAVEDTRA 43904-3F) ⁵		
Seabee Combat Warfare (SCW), Common Core (NAVEDTRA 43904-E) ⁶		
Seabee Combat Warfare (SCW) Construction Battalion Maintenance Unit (CBMU) Specific (NAVEDTRA 43904-5D) ⁸		
EXW Unit Specific for Naval Construction Group and Naval Construction Regiment (NAVEDTRA 43465-2) 9		
Enlisted Information Warfare Specialist (EIWS) Common Core, Platform Specific, and Command Specific PQS (NAVEDTRA 43365-B) 10		
INLS Roll-on Roll-Off Discharge Facility (RRDF) (NAVEDTRA 43487-8) 11		
Floating Causeway 11		
ACB Elevated Causeway System (Modular) (ELCAS M) (NAVEDTRA 43487-5A) 11		
ACB Barge Ferry Ops (NAVEDTRA 43487-1C) 11		
Improved Navy Lighterage System (INLS) (NAVEDTRA 43487-5A) 11		
Inflatable Boat Operator (COLDS) (NAVEDTRA 43487-7) 11		
1 - POS when assigned as Embark Org member	•	•

- 1 PQS when assigned as Embark Org member
- 2 JQR when assigned to NECC command
- 3 Required PQS when enrolled in NMCB SCWS Program
- 4 Required PQS when enrolled in PHIBCB SCWS Program
- 5 Required PQS when enrolled in UCT SCWS Program
 6 Required PQS for all SCWS Program
- 8 Required PQS when enrolled in CBMU SCWS Program
- 9 Required PQS when enrolled in EXW Program
- 10 Required PQS when enrolled in EIDWS Program
- 11 PQS when attached to Beach Group

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Cranes Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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Target Paygrade	Certifying Agency	Credential Title	Date Completed
1 5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)
0350 - Equipment Operator Series
4741 - General Equipment Operating
5703 - Motor Vehicle Operating
5704 - Fork Lift Operating
5705 - Tractor Operating
5716 - Engineering Equipment Operating
5725 - Crane Operating
5729 - Drill Rig Operating
5767 - Airfield Clearing Equipment Operating
5803 - Heavy Mobile Equipment Mechanic
5806 - Mobile Equipment Servicing
5823 - Automotive Mechanic

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STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form	11		
Career Waypoints-Reenlistment Approval:			
School as a Reenlistment Incentive:			
Prior Service Reenlistment Eligibility - Res	erve (PRISE-R):		
MyNavy Assignments (MNA):			
Medical/Dental Screening:			
Command Recommendation (evaluation):	Bonus:	Ceremony:	

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

EO - Equipment Operator Page 30 of 158 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

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AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS o	pportunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

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PHYSICAL FITI	NESS:					
Participate in a y PFA data in PRII	ear-round physical f MS within 60 days o	itness program to m f the PFA cycle. (PR	neet Navy fitness a RIMS is accessible	and BCA star through your	dards. Review and by BUPERS Online Ac	verify accuracy of count)
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cycle	es: Forearm Plank	/	Push-ups	1	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medica	al Waiver(s)	/				
For more informatio	n on Navy Fitness, visit:	https://www.public.nav	y.mil/bupers-npc/sup	port/21st_Centu	ry_Sailor/physical/Page	s/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (E1/E2/E3)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	completed (Navy C	College Office/NCVEC	C)			
Current Education	n Level					
Degree Goal						
	** Various	degree options are a	vailable i	n the Advanced	d Education sec	ction. **
Goal: Date: AA/A	S	BA/BS	Master			
(Credits to earn a	degree - AA/AS:	60 SH/90 QH, BA/BS	S: 120 SF	I/180, QH, Mas	ter /Doctorate:	Variable based on program)
Number of curren	t credits	American Cour	ncil on Ed	ducation (ACE)	recommended	credits
Joint Service Trai	nscripts (JST)					
HS Transcripts	Colle	ege Transcripts				
Date Degree Obt	ained: AA/AS	BA/BS		Master	Do	octorate
	tion and Training C on Center / Field Road ⁻ L 32509	ollege/University send Command N644	d official t	ranscripts to:		
V	OLUNTARY EDUC are loca	CATION: Links to sated on the DANTES	tudy gui S websit	des, exam pre e https://www.	parations, and dantes.doded	d practice tests I.mil/
Academic skills	NC	PACE	CLEP	[DSST	
TA	MGIB	MGIB-SR		Post 9/11 GIB		

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E1/E2/E3 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Foundational Leader Development Course ⁵	Water front/ Flightline/ Various ⁴	NELD-03	2.5 days	
Navy Military Training (Life Skills) (Pre-A School Delivery only) ⁶	Command Delivered	A-500-1000	2 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E4	Navy e-Learning	NETCPDC-PMK-EE-E4-1.0		
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (Del	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

- 1 Verify GMT topics on the My Navy Portal (MNP) GMT webpage
 2 Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.
- 3 The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
- 4 See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.
- 5 Available for paygrades E3 and E4
- 6 Required for delivery in "A" School for all ratings

E1/E2/E3 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

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E1/E2/E3 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Basic Military Requirements (NAVEDTRA 14325) (EDITION 1/1/2002)		NAVEDTRA 14325		
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Petty Officer Third and Second Class	Navy e-Learning	NRTC-NAVEDTRA-14504- MRFPO-TASC-1.0		
Introductory Enlisted Professional Military Education (IEPME)	Navy e-Learning	Military DON/ PME	18 hrs	
Block 1 Introductory EPME - Introduction	Navy e-Learning	NWC-IEPME-INTRO-B1	-	
Block 2 Introductory EPME - History and Traditions	Navy e-Learning	NWC-IEPME-INTRO-B2	3 hrs	
Block 3 Introductory EPME - Enlisted Professionalism	Navy e-Learning	NWC-IEPME-INTRO-B3	3 hrs	
Block 4 Introductory EPME - Policy and the Navy	Navy e-Learning	NWC-IEPME-INTRO-B4	3 hrs	
Block 5 Introductory EPME - Planning for Operations	Navy e-Learning	NWC-IEPME-INTRO-B5	3 hrs	
Block 6 Introductory EPME - Regional and Cultural Awareness	Navy e-Learning	NWC-IEPME-INTRO-B6	3 hrs	
Block 7 Introductory EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-IEPME-INTRO-B7	3 hrs	
Block 8 Introductory EPME - Conclusion	Navy e-Learning	NWC-IEPME-INTRO-B82	-	
Cultural Awareness	Navy e-Learning	Foreign Language and Culture	45 hrs	
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Nutrition	Navy e-Learning	NMHCI2107V2.1	1 hour	
Personal Financial Management	Navy e-Learning	CPD-PFM-1.0	8 hrs	
PREVENT	Command Delivered	S-501-0150	24 hrs	
Recommended General Military Training Topics For FY 202	21 (Delivery determin	ed by command discretion) ¹		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E1/E2/E3 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Non-Prior Service Accession Program	Navy e-Learning	CNRFC-NPSAP-2 /DoN 0	23 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E1/E2/E3 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Blueprint Reading and Sketching ¹	MNP/PQS/NRTC	NAVEDTRA 14040A		
Equipment Operator Basic - NAVEDTRA 14081A	Navy e-Learning	NRTC-NAVEDTRA-14081A-EOB		
Equipment Operator Advanced - NAVEDTRA 14080A	Navy e-Learning	NRTC-NAVEDTRA-14080A-EOA		
Seabee Combat Handbook, Volume 1	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Tools and Their Uses ¹	MNP/PQS/NRTC	NAVEDTRA 14256A		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		
Basic Machines ¹	MNP/PQS/NRTC	NAVEDTRA 14037		

^{1 -} You typically have 12 months to complete a NRTC via Navy Advancement website, after 12 months if you have not completed the course you will be disenrolled.

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational Advanced Capstone					
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek			
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.					
Foundational	Advanced	Capstone			
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov			
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs			
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte			
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly			
The Next 100 Years - Friedman					

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.					
Foundational	Advanced	Capstone			
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski			
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell			
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien			
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes			

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein		
Blink: Power of Thinking - Gladwell Jonathan L. Seagull - Bach		Team of Teams - McChrystal, Collins, Silverman, Fussell		
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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E1/E2/E3 RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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Equipment Operator Petty Officer Third Class (Apprentice/Journeyman)

NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Interservice Equipment Operator "A" School (EO-A) ¹	Fort Leonard Wood, MO	A-730-0010	71 days	
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Pavements ¹	PH, CA & GP, MS	A-730-0048	26 days	
Transportation Operations ¹	PH, CA & GP, MS	A-730-0046	26 days	
Earthwork Operations ¹	PH, CA & GP, MS	A-730-0047	33 days	
General Crane Safety / Rigging / Rigging Inspector ^{1 2}	PH, CA – GP, MS	A-730-0035	5 days	
Crew Leader Level, Construction Management Continuum Training	PH, CA & GP, MS	A-710-0051	24 days	
Cranes and Attachments I (HOOK BLOCK) 1	PH, CA & GP, MS	A-730-0028	5 days	
Cranes and Attachments II (CLAMSHELL & DRAGLINE) 1	PH, CA – GP, MS	A-730-0029	12 days	
Load Test Director ¹	PH, CA & GP, MS	A-730-0031	5 days	
Cranes and Attachments III (PILE DRIVING) 1	PH, CA – GP, MS	A-730-0030	12 days	
Water Well Drilling and Development Technician (B06A) ¹	China Lake, CA	A-730-0014	40 days	
Blasting and Quarry Operations Specialist (B07A)	China Lake, CA	A-730-0019	40 days	
Blaster Requalification/Refresher (Recert) (B07A) ¹	China Lake, CA	A-730-0021	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ¹	See CANTRAC	K-062-0102	33 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
B03A - Mobile Utilities Support Equipment (MUSE) Technician	CSFE, Det Fort Leonardwood, MO	A-661-0036	351 days	
B08A - Advanced Equipment Operator ^{1 2}	PH, Ca – GP, Ms	A-730-0051		
829A - Locksmith	Washington, DC	A-710-0001	14 days	
B17A - Basic Underwater Construction Technician	Panama City, FL	A-433-0036	162 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

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^{2 -} Course is designed primarily for home-ported NMCB personnel.

^{2 -} Upon successful completion of the three "G1" pipeline courses (A-730-0046, A-730-0047, A-730-0048) and with recommendation from Commanding Officer, member will be awarded NEC 5710. Each course will also have a corresponding PQS which can be completed at qualifying commands as a means to acquire NEC 5710.

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Phone Number:		
Mobilization UIC:						
Naval Reserve Activity:						
Division Officer:				Phone Numl	ber:	
Leading Chief Petty Off	ficer:			Phone Numl	ber:	
Leading Petty Officer:				Phone Numl	ber:	
Sponsor/Mentor:				Phone Numl	ber:	
Depart/Division Career Counselor:				Phone Numl	ber:	
Date of Initial Entry to M	Military Service (DIEMS	S):	Date of Initia	al Entry Reserve	Forces (D	IERF):
Pay Entry Base Date (F	PEBD):					
ADSD: Re	port Date:	EAOS/EOS:	PRD:	SEA	A/SHORE	· /
PAYGRADE E4 (1 year Date Advanced: HYT Date: Command INDOC com	Eligible Adva	ancement Date:		umber of times	up:	
(E4) Reason for Reporting (within 60 da	se OPNAVINST 1040 Convening/Discussion I	tems: (Upon comp	er Counselor Ha letion update (CIN	andbook NAVP (S) Career Inform	nation Mana	78 gement System)
24 Month:	48 Month:	60 Month:				
Family Care Plan:	Mil to Mil:					
Sailor 360:	Special Program:	N	lember Request	:		
HYT 24 months (Date):	HYT V	Vaiver Date:		Approve 🗆 D	isapprove	
C-WAY-REEN 18 mont	hs to EAOS/EOS:	Care	er Waypoint not	approved:		
Rating Conversion:	Navy Forr	mal Training Scho	ools Request ("A	."/"C"etc):		
Transfer:	Separation:	Career St	atus Bonus (ele	ction message	received):	
Physical Fitness Test F	ailure:	Overseas Tour E	xtension Incentiv	es Program (O	TEIP):	
Triyologi Titilogo Toot T						
Advancement Center (Items to collect/discuss Advancement:						
Advancement Center (Items to collect/discuss	s: Bibliography for Adv	vancement, Enlist	ed Advancemer	nt Exam Strateg	y Guide, P	rofile Sheets)
Advancement Center (Items to collect/discuss Advancement:	s: Bibliography for Adv	ancement, Enlist	ed Advancemer	nt Exam Strateg	y Guide, P	rofile Sheets)
Advancement Center (Items to collect/discuss Advancement: Enlisted to Officer Co	emmissioning Programs Applications:	am Application (prior to s	& Administration Submission, communication Commissioning	on Manual OPN	y Guide, P NAVINST 1 ent):	rofile Sheets)

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RECORD REVIEW CHECKLIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - If Deployed: Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be
 accomplished four to six months before a board convenes, which will allow time for delivery and updating of your
 record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at https://nsips.nmci.navy.mil or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to https://awards.navy.mil/ to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

^{1 -} Mandatory prior to advancement to E5 and above

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^{2 -} Only if assigned to an NECC or NSW qualifying Command.3 - Eligible if attached to a FMF Unit

^{4 -} Eligible if assigned to CYBERFOR Command

- PQS when assigned as Embark Org member
 Required when assigned as Safety Supervisor
 Required PQS when enrolled in NMCB SCWS Program
- 5 Required PQS when enrolled in PHIBCB SCWS Program

- 6 Required PQS when enrolled in UCT SCWS Program
 7 Required PQS for all SCWS Program
 9 Required PQS when enrolled in CBMU SCWS Program
 10 Required PQS when enrolled in EXW Program
- 11 Required PQS when enrolled in EIDWS Program
- 12 PQS when attached to Beach Group

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
E2	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)	
0350 - Equipment Operator Series	
4741 - General Equipment Operating	
5703 - Motor Vehicle Operating	
5704 - Fork Lift Operating	
5705 - Tractor Operating	
5716 - Engineering Equipment Operating	
5725 - Crane Operating	
5729 - Drill Rig Operating	
5767 - Airfield Clearing Equipment Operating	
5803 - Heavy Mobile Equipment Mechanic	
5806 - Mobile Equipment Servicing	
5823 - Automotive Mechanic	

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STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form	n:	
Career Waypoints-Reenlistment Approval:		
School as a Reenlistment Incentive:		
Prior Service Reenlistment Eligibility - Res	serve (PRISE-R):	
MyNavy Assignments (MNA):		
Medical/Dental Screening:		
Command Recommendation (evaluation):	Bonus:	Ceremony:

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

EO - Equipment Operator Page 50 of 158 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate,
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

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AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received	
MNA	MNA	MNA	MNA	Sign Eval	
((and and in anymout field)	(b - f b : - t - \	(analysis a hillaria)		
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)		
Family Care Plan		Start Eval			
Mil to Mil		Reverse Sponsor			
		Incentives/EOS op	portunities		

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months TAP*	6 months MED/DEN	90 days Copy of Records	30 days Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

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PHYSICAL FITI	NESS:					
Participate in a y PFA data in PRII	ear-round physical f MS within 60 days o	itness program to m f the PFA cycle. (PR	neet Navy fitness a RIMS is accessible	and BCA star through your	dards. Review and be BUPERS Online Ac	verify accuracy of count)
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cycle	es: Forearm Plank	/	Push-ups	1	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medica	al Waiver(s)	/				
For more informatio	n on Navy Fitness, visit	https://www.public.nav	y.mil/bupers-npc/sup	port/21st_Centu	ry_Sailor/physical/Page	s/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (E4)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	ompleted (Navy C	College Office/NCVE	C)				
Current Education	n Level						
Degree Goal							
	** Various	degree options are a	available i	n the Advance	d Education se	ction. **	
Goal: Date: AA/A	S	BA/BS	Master				
(Credits to earn a	degree - AA/AS:	60 SH/90 QH, BA/BS	S: 120 SH	1/180, QH, Mas	ster /Doctorate:	Variable based on progra	m)
Number of curren	t credits	American Cou	ncil on E	ducation (ACE)	recommended	credits	
Joint Service Tran	nscripts (JST)						
HS Transcripts	Colle	ege Transcripts					
Date Degree Obt	ained: AA/AS	BA/BS		Master	D	octorate	
For entry into Naval Educat JST Operatio 6490 Saufley Pensacola, F Email: JST@	tion and Training (on Center r Field Road L 32509	College/University sen Command N644	d official t	ranscripts to:			
V	OLUNTARY EDU are loca	CATION: Links to sated on the DANTE	tudy gui S websit	des, exam pre e https://www	eparations, and dantes.doded	d practice tests d.mil/	
Academic skills	NC	PACE	CLEP		DSST		
TA	MGIB	MGIB-SR		Post 9/11 GIB			

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E4 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Foundational Leader Development Course ⁵	Water front/ Flightline/ Various ⁴	NELD-03	2.5 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E5	Navy e-Learning	NETCPDC-PMK-EE-E5-1.0		
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness $(SAPR)^3$	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

- 4 See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.
- 5 Available for paygrades E3 and E4

E4 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Seabee Combat Handbook, Volume 1 ¹	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2 ¹	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Naval Construction Force/Seabee 1 & C ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		

^{1 -} Mandatory when assigned to SCWS qualifying Unit

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

E4 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Petty Officer Third and Second Class	Navy e-Learning	NRTC-NAVEDTRA-14504- MRFPO-TASC-1.0		
Introductory Enlisted Professional Military Education (IEPME)	Navy e-Learning	Military DON/ PME	18 hrs	
Block 1 Introductory EPME - Introduction	Navy e-Learning	NWC-IEPME-INTRO-B1	-	
Block 2 Introductory EPME - History and Traditions	Navy e-Learning	NWC-IEPME-INTRO-B2	3 hrs	
Block 3 Introductory EPME - Enlisted Professionalism	Navy e-Learning	NWC-IEPME-INTRO-B3	3 hrs	
Block 4 Introductory EPME - Policy and the Navy	Navy e-Learning	NWC-IEPME-INTRO-B4	3 hrs	
Block 5 Introductory EPME - Planning for Operations	Navy e-Learning	NWC-IEPME-INTRO-B5	3 hrs	
Block 6 Introductory EPME - Regional and Cultural Awareness	Navy e-Learning	NWC-IEPME-INTRO-B6	3 hrs	
Block 7 Introductory EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-IEPME-INTRO-B7	3 hrs	
Block 8 Introductory EPME - Conclusion	Navy e-Learning	NWC-IEPME-INTRO-B82	-	
Cultural Awareness	Navy e-Learning	Foreign Language and Culture	45 hrs	
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Nutrition	Navy e-Learning	NMHCI2107V2.1	1 hour	
Personal Financial Management	Navy e-Learning	CPD-PFM-1.0	8 hrs	
PREVENT	Command Delivered	S-501-0150	24 hrs	
21st Century CONSEP (Mid-Career)	Fleet and Family Service Center		2 days	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1	•	
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E4 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Non-Prior Service Accession Program	Navy e-Learning	CNRFC-NPSAP-2 /DoN 0	23 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E4 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Equipment Operator Basic - NAVEDTRA 14081A ¹	Navy e-Learning	NRTC-NAVEDTRA-14081A-EOB		
Equipment Operator Advanced - NAVEDTRA 14080A ¹	Navy e-Learning	NRTC-NAVEDTRA-14080A-EOA		
Blueprint Reading and Sketching ¹	MNP/PQS/NRTC	NAVEDTRA 14040A		
Tools and Their Uses ¹	MNP/PQS/NRTC	NAVEDTRA 14256A		
Basic Machines ¹	MNP/PQS/NRTC	NAVEDTRA 14037		

^{1 -} You typically have 12 months to complete a NRTC via Navy Advancement website, after 12 months if you have not completed the course you will be disenrolled.

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational	Advanced	Capstone		
Ghost Fleet - Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – <i>Toll</i>	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.			
Foundational	Advanced	Capstone	
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski	
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell	
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien	
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes	

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.			
Foundational	Advanced	Capstone	
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello	
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro	
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks	
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire	
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander	
	Start with Why - Sinek		

MCPON's Suggested Reading

	<u> </u>				
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.					
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.					
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein			
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker			
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester			
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell			
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood			
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth			

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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E4 RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Interservice Equipment Operator "A" School (EO-A) 1	Fort Leonard Wood, MO	A-730-0010	71 days	
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Pavements ¹	PH, CA & GP, MS	A-730-0048	26 days	
Transportation Operations ¹	PH, CA & GP, MS	A-730-0046	26 days	
Earthwork Operations ¹	PH, CA & GP, MS	A-730-0047	33 days	
General Crane Safety / Rigging / Rigging Inspector ^{1 2}	PH, CA – GP, MS	A-730-0035	5 days	
Crew Leader Level, Construction Management Continuum Training	PH, CA & GP, MS	A-710-0051	24 days	
Load Test Director ^{1 2}	PH, CA & GP, MS	A-730-0031	5 days	
Cranes and Attachments I (HOOK BLOCK) 1 2	PH, CA & GP, MS	A-730-0028	5 days	
Cranes and Attachments II (CLAMSHELL & DRAGLINE) 1 2	PH, CA – GP, MS	A-730-0029	12 days	
Cranes and Attachments III (PILE DRIVING) 1 2	PH, CA – GP, MS	A-730-0030	12 days	
General Crane Safety (REFRESHER) ^{1 2}	Navy E-Learning (NCC-GCSR-2)	A-730-0042	1 day	
Rock Drill Operations ^{1 2}	China Lake, CA	A-730-8000	5 days	
Water Well Drilling and Development Technician (B06A) 1	China Lake, CA	A-730-0014	40 days	
Blasting and Quarry Operations Specialist (B07A)	China Lake, CA	A-730-0019	40 days	
Blaster Requalification/Refresher (Recert) (B07A) ¹	China Lake, CA	A-730-0021	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

 $^{{\}bf 2}$ - Course is designed primarily for home-ported NMCB personnel.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ¹	See CANTRAC	K-062-0102	33 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
B06A - Water Well Drilling and Development Technician ¹	China Lake, CA	A-730-0014	40 days	
B07A - Blasting and Quarry Operations Specialist	China Lake, CA	A-730-0019	40 days	
B07A - Blaster Requalification/Refresher (Recert); (Required annually as required) ¹	China Lake, CA	A-730-0021	5 days	
B14A - Tool and Equipment Maintenance Technician ¹	PH, CA & GP, MS	A-712-0010	50 days	
B15A - Construction Planner and Estimator Specialist ¹	Port Hueneme, CA / Gulfport, MS	A-412-0012	68 days	
811A - 3-M Systems Coordinator/Inspector ¹	Norfolk, VA / San Diego, CA	J-500-0029	2 weeks	
B03A - Mobile Utilities Support Equipment (MUSE) Technician	CSFE, Det Fort Leonardwood, MO	A-661-0036	351 days	
B17A - Basic Underwater Construction Technician	Panama City, FL	A-433-0036	162 days	
B08A - Advanced Equipment Operator ^{1 2}	PH, Ca – GP, Ms	A-730-0051		

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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^{2 -} Upon successful completion of the three "G1" pipeline courses (A-730-0046, A-730-0047, A-730-0048) and with recommendation from Commanding Officer, member will be awarded NEC 5710. Each course will also have a corresponding PQS which can be completed at qualifying commands as a means to acquire NEC 5710.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address QD Phone Number:	
Makilination LUC:	
Mobilization UIC:	
Naval Reserve Activity:	
Division Officer: Phone Number:	
Leading Chief Petty Officer: Phone Number:	
Leading Petty Officer: Phone Number:	
Sponsor/Mentor: Phone Number:	
Depart/Division Career Counselor: Phone Number:	
Date of Initial Entry to Military Service (DIEMS): Date of Initial Entry Reserve Forces (DIERF):	
Pay Entry Base Date (PEBD):	
ADSD: Report Date: EAOS/EOS: PRD: SEA / SHORE: /	
PAYGRADE E5 (3 Years time in service required to be eligible for advancement to E6)	
Date Advanced: Eligible Advancement Date: Number of times up:	
HYT Date: Security Clearance Level: Date Last updated:	
Command INDOC complete:	
CAREER DEVELOPMENT BOARDS: Use OPNAVINST 1040.11(ser) & Career Counselor Handbook NAVPERS 15878 (E5) Reason for Convening/Discussion Items: (Upon completion update (CIMS) Career Information Management System)	
Reporting (within 60 days for active duty or four drill weekends for SELRES) (Date Conducted):	
24 Month: 48 Month: 60 Month:	
Family Care Plan: Mil to Mil:	
Sailor 360: Special Program: Member Request:	
HYT 24 months (Date): ☐ Approve ☐ Disapprove	
C-WAY-REEN 18 months to EAOS/EOS: Career Waypoint not approved:	
Rating Conversion: Navy Formal Training Schools Request ("A"/"C"etc):	
Transfer: Separation: Career Status Bonus (election message received):	
Physical Fitness Test Failure: Overseas Tour Extension Incentives Program (OTEIP):	
Advancement Center: Visit MNP Advancement & Promotion page located under the Career & Life Events Tab (Items to collect/discuss: Bibliography for Advancement, Enlisted Advancement Exam Strategy Guide, Profile Sheets)	
Advancement:	
Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series):	
Commissioning Programs Applications: (prior to submission, command endorsement):	
Naval Academy: Naval Academy Preparatory School (NAPS): Officer Candidate School: Scampe to Admirel 24 (STA 34):	
Officer Candidate School: Seaman to Admiral 21 (STA-21): Medical Enlisted Commissioning Program (MECP): Medical Service Corps In-service Procurement:	

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RECORD REVIEW CHECKLIST

Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This is a great opportunity to meet with your Mentor, Leading Petty Officer or Leading Chief Petty Officer to understand the importance of keeping your record up-to-date. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - If Deployed: Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be
 accomplished four to six months before a board convenes, which will allow time for delivery and updating of your
 record if required.
 - 3. Check your Performance Summary Record (PSR) and Enlisted Summary Record (ESR) on https://www.bol.navv.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at https://nsips.nmci.navy.mil or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to https://awards.navy.mil/ to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Messenger of the Watch (MOOW)		
Petty Officer of the Watch (POOW)		
Junior Officer of the Deck (JOOD)		
Master Training Specialist (MTS) ¹		

^{1 -} Only when assigned to Training Command

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

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^{1 -} Needs to be completed within 24 Months after enrollment2 - Only if assigned to an NECC or NSW qualifying Command.

^{3 -} Eligible if attached to a FMF Unit4 - Eligible if assigned to CYBERFOR Command

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Seabee Embark PQS (NAVEDTRA 43810-A) ¹		
Construction Safety PQS (NAVEDTRA 43809-A) ²		
MRAP PQS (NAVEDTRA 43812-A) ³		
CAT 120M Grader PQS (NAVEDTRA 43811) ³		
Seabee Combat Warfare for NMCB Specific (NAVEDTRA 43904-1F) ⁴		
Seabee Combat Warfare (SCW), Unit Specific for PHIBCB (NAVEDTRA 43904-2E) ⁵		
Seabee Combat Warfare (SCW), Unit Specific for Underwater Construction Team (UCT) (NAVEDTRA 43904-3F) ⁶		
Seabee Combat Warfare (SCW), Common Core (NAVEDTRA 43904-E) ⁷		
Seabee Combat Warfare (SCW) Construction Battalion Maintenance Unit (CBMU) Specific (NAVEDTRA 43904-5D) ⁹		
EXW Unit Specific for Naval Construction Group and Naval Construction Regiment (NAVEDTRA 43465-2) 10		
Enlisted Information Warfare Specialist (EIWS) Common Core, Platform Specific, and Command Specific PQS (NAVEDTRA 43365-B) 11		
INLS Roll-on Roll-Off Discharge Facility (RRDF) (NAVEDTRA 43487-8) 12		
Floating Causeway 12		
ACB Elevated Causeway System (Modular) (ELCAS M) (NAVEDTRA 43487-5A) 12		
ACB Barge Ferry Ops (NAVEDTRA 43487-1C) 12		
Improved Navy Lighterage System (INLS) (NAVEDTRA 43487-5A) 12		
Inflatable Boat Operator (COLDS) (NAVEDTRA 43487-7) 12		
1 DOS when assigned as Embark Org member	-	+

- 1 PQS when assigned as Embark Org member
- 2 Required when assigned as Safety Supervisor
- 3 JQR when assigned to NECC command
- 4 Required PQS when enrolled in NMCB SCWS Program
- 5 Required PQS when enrolled in PHIBCB SCWS Program
- 6 Required PQS when enrolled in UCT SCWS Program
- 7 Required PQS for all SCWS Program
- 9 Required PQS when enrolled in CBMU SCWS Program
- 10 Required PQS when enrolled in EXW Program
- 11 Required PQS when enrolled in EIDWS Program 12 PQS when attached to Beach Group

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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	Certifying Agency	Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
E2	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees - You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)
0350 - Equipment Operator Series
4741 - General Equipment Operating
5703 - Motor Vehicle Operating
5704 - Fork Lift Operating
5705 - Tractor Operating
5716 - Engineering Equipment Operating
5725 - Crane Operating
5729 - Drill Rig Operating
5767 - Airfield Clearing Equipment Operating
5803 - Heavy Mobile Equipment Mechanic
5806 - Mobile Equipment Servicing
5823 - Automotive Mechanic

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STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form:			
Career Waypoints-Reenlistment Approval:			
School as a Reenlistment Incentive:			
Prior Service Reenlistment Eligibility - Rese	rve (PRISE-R):		
MyNavy Assignments (MNA):			
Medical/Dental Screening:			
Command Recommendation (evaluation):	Bonus:	Ceremony:	

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

EO - Equipment Operator Page 70 of 158 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

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AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	'

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opportunities		

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

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PHYSICAL FITI	NESS:					
Participate in a y PFA data in PRII	ear-round physical f MS within 60 days o	itness program to m f the PFA cycle. (PR	neet Navy fitness a RIMS is accessible	and BCA star through your	dards. Review and be BUPERS Online Ac	verify accuracy of count)
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cycle	es: Forearm Plank	/	Push-ups	1	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medica	al Waiver(s)	/				
For more informatio	n on Navy Fitness, visit	https://www.public.nav	y.mil/bupers-npc/sup	port/21st_Centu	ry_Sailor/physical/Page	s/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (E5)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	ompleted (Navy C	College Office/NCVE	C)				
Current Education	n Level						
Degree Goal							
	** Various	degree options are a	available i	n the Advance	d Education se	ction. **	
Goal: Date: AA/A	S	BA/BS	Master				
(Credits to earn a	degree - AA/AS:	60 SH/90 QH, BA/BS	S: 120 SH	1/180, QH, Mas	ster /Doctorate:	Variable based on progra	m)
Number of curren	t credits	American Cou	ncil on E	ducation (ACE)	recommended	credits	
Joint Service Tran	nscripts (JST)						
HS Transcripts	Colle	ege Transcripts					
Date Degree Obt	ained: AA/AS	BA/BS		Master	D	octorate	
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil							
V	OLUNTARY EDU are loca	CATION: Links to sated on the DANTE	tudy gui S websit	des, exam pre e https://www	eparations, and dantes.doded	d practice tests d.mil/	
Academic skills	NC	PACE	CLEP		DSST		
TA	MGIB	MGIB-SR		Post 9/11 GIB			

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E5 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Intermediate Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-04	3 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E6	Navy e-Learning	NETCPDC-PMK-EE-E6-1.0		
ADAMS for Supervisors	Various Locations	S-501-0120	8 hrs	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) 3	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

E5 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Seabee Combat Handbook, Volume 1 ¹	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2 ¹	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Naval Construction Force/Seabee 1 & C ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		

^{1 -} Mandatory when assigned to SCWS qualifying Unit

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^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

E5 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Petty Officer First Class	Navy e-Learning	NRTC-NAVEDTRA-14145- MRFPO-FC-1.0		
Basic Enlisted Professional Military Education (BEPME)	Navy e-Learning	Military DON/ PME	20 hrs	
Block 1 Basic EPME - Introduction	Navy e-Learning	NWC-EPME-BASIC-B1		
Block 2 Basic EPME - Navy History and Heritage	Navy e-Learning	NWC-EPME-BASIC-B2		
Block 3 Basic EPME - The Navy Professional	Navy e-Learning	NWC-EPME-BASIC-B3		
Block 4 Basic EPME - Organization and Guidance	Navy e-Learning	NWC-EPME-BASIC-B4		
Block 5 Basic EPME - Planning	Navy e-Learning	NWC-EPME-BASIC-B5		
Block 6 Basic EPME - Regional Expertise and Cultural Awareness	Navy e-Learning	NWC-EPME-BASIC-B6		
Block 7 Basic EPME - Technology for the Warfighter	Navy e-Learning	NWC-EPME-BASIC-B7		
Block 8 Basic EPME - Conclusion	Navy e-Learning	NWC-EPME-BASIC-B8		
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Nutrition	Navy e-Learning	NMHCl2107V2.1	1 hour	
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Recommended General Military Training Topics For FY 202	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
	2011101000, 1111111			
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		

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^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E5 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E5 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Equipment Operator Basic - NAVEDTRA 14081A ¹	Navy e-Learning	NRTC-NAVEDTRA-14081A-EOB		
Equipment Operator Advanced - NAVEDTRA 14080A ¹	Navy e-Learning	NRTC-NAVEDTRA-14080A-EOA		
CENSECFOR Operator Training – M-16A3/M4A1	Navy e-Learning	CSF-M16A3/M4A1-10-3.0		
CENSECFOR Operator Training - M500 Service Shotgun	Navy e-Learning	CSF-M500-10-3.0		
CENSECFOR Operator Training – M9 Service Pistol	Navy e-Learning	CSF-M9-10-3.0		
Blueprint Reading and Sketching ¹	MNP/PQS/NRTC	NAVEDTRA 14040A		
Tools and Their Uses ¹	MNP/PQS/NRTC	NAVEDTRA 14256A		
Basic Machines ¹	MNP/PQS/NRTC	NAVEDTRA 14037		
Naval Construction Force/SEABEE 1 & C - NAVEDTRA 14233A ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		

^{1 -} You typically have 12 months to complete a NRTC via Navy Advancement website after 12 months if you have not completed the course you will be disenrolled.

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational	Advanced	Capstone			
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek			
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.				
Foundational	Advanced	Capstone		
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov		
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs		
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte		
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly		
The Next 100 Years - Friedman				

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.					
Foundational	Advanced	Capstone			
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski			
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell			
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien			
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes			

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.					
Foundational	Advanced	Capstone			
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello			
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro			
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks			
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire			
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander			
	Start with Why - Sinek				

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.					
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.					
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein			
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker			
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester			
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell			
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood			
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth			

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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E5 RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Interservice Equipment Operator "A" School (EO-A) ¹	Fort Leonard Wood, MO	A-730-0010	71 days	
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Pavements ¹	PH, CA & GP, MS	A-730-0048	26 days	
Transportation Operations ¹	PH, CA & GP, MS	A-730-0046	26 days	
Earthwork Operations ¹	PH, CA & GP, MS	A-730-0047	33 days	
General Crane Safety / Rigging / Rigging Inspector ^{1 2}	PH, CA – GP, MS	A-730-0035	5 days	
Load Test Director ^{1 2}	PH, CA & GP, MS	A-730-0031	5 days	
Cranes and Attachments I (HOOK BLOCK) 1 2	PH, CA & GP, MS	A-730-0028	5 days	
Cranes and Attachments II (CLAMSHELL & DRAGLINE) 1 2	PH, CA – GP, MS	A-730-0029	12 days	
Cranes and Attachments III (PILE DRIVING) 1 2	PH, CA – GP, MS	A-730-0030	12 days	
General Crane Safety (REFRESHER) ^{1 2}	Navy E-Learning (NCC-GCSR-2)	A-730-0042	1 day	
Rock Drill Operations ^{1 2}	China Lake, CA	A-730-8000	5 days	
Supervisor Level Construction Management Continuum Training ¹	PH, CA & GP, MS	A-710-0052	12 days	
Water Well Drilling and Development Technician (B06A) ¹	China Lake, CA	A-730-0014	40 days	
Blasting and Quarry Operations Specialist (B07A)	China Lake, CA	A-730-0019	40 days	
Blaster Requalification/Refresher (Recert) (B07A) ¹	China Lake, CA	A-730-0021	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

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^{2 -} Course is designed primarily for home-ported NMCB personnel.

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ¹	See CANTRAC	K-062-0102	33 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
B06A - Water Well Drilling and Development Technician ¹	China Lake, CA	A-730-0014	40 days	
B07A - Blasting and Quarry Operations Specialist	China Lake, CA	A-730-0019	40 days	
B07A - Blaster Requalification/Refresher (Recert); (Required annually as required) ¹	China Lake, CA	A-730-0021	5 days	
B14A - Tool and Equipment Maintenance Technician ¹	PH, CA & GP, MS	A-712-0010	50 days	
B15A - Construction Planner and Estimator Specialist ¹	Port Hueneme, CA / Gulfport, MS	A-412-0012	68 days	
811A - 3-M Systems Coordinator/Inspector ¹	Norfolk, VA / San Diego, CA	J-500-0029	2 weeks	
B03A - Mobile Utilities Support Equipment (MUSE) Technician	CSFE, Det Fort Leonardwood, MO	A-661-0036	351 days	
B17A - Basic Underwater Construction Technician	Panama City, FL	A-433-0036	162 days	
B08A - Advanced Equipment Operator ^{1 2}	PH, Ca – GP, Ms	A-730-0051		
B00A - Construction Inspector ¹	PH, Ca / GP, Ms	A-710-0022	56 days	
B22A - Safety Inspector ¹	GP, Ms / QO&NF, Va / VTC	A-493-0021	5 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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^{2 -} Upon successful completion of the three "G1" pipeline courses (A-730-0046, A-730-0047, A-730-0048) and with recommendation from Commanding Officer, member will be awarded NEC 5710. Each course will also have a corresponding PQS which can be completed at qualifying commands as a means to acquire NEC 5710.

PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Pho Numbe			
Mobilization UIC:							
Naval Reserve Activity:							
Division Officer:				Phone	Number:		
Leading Chief Petty Officer:				Phone	Number:		
Leading Petty Officer:				Phone	Number:		
Sponsor/Mentor:				Phone	Number:		
Depart/Division Career Counselor:				Phone	Number:		
Date of Initial Entry to Military S	ervice (DIEMS):		Date of Initi	al Entry Re	serve Forces	(DIERF):	
Pay Entry Base Date (PEBD):		00/700				_	
ADSD: Report Date	e: EA	OS/EOS:	PRD:		SEA / SHOR	E: /	
PAYGRADE E6 (3 Years time i Date Advanced: HYT Date: Secu	n service required Eligible Advance rity Clearance Le	ement Date:		Number of ti	mes up:		
Command INDOC complete:	my Olearanee Le	voi.	Date Last	apaatoa.			
——————————————————————————————————————							
Use OPN (E6) Reason for Conveni	AVINST 1040.11		Counselor H	landbook N			tem)
Reporting (within 60 days for ac	ctive duty or four d	Irill weekends fo	or SELRES) (Date Condu	ıcted):		
24 Month: 48 Mo	onth:	60 Month:					
Family Care Plan:	Mil to Mil:						
Sailor 360: Spe	cial Program:	Me	mber Reques	st:			
HYT 24 months (Date):	HYT Waiv	er Date:		Approve	□ Disapprov	re	
C-WAY-REEN 18 months to EA	OS/EOS:	Career	Waypoint not	approved:			
Rating Conversion:	Navy Formal	Training Schoo	ls Request ("/	A"/"C"etc):			
Transfer: Separa	ation:	Fleet Reser	rve Retiremen	t Options:			
Physical Fitness Test Failure:	Car	eer Status Bon	us (election n	nessage red	ceived):		
Overseas Tour Extension Incen-	tives Program (OT	EIP):					
Advancement Center: Visit N (Items to collect/discuss: Bibliog							
Advancement:							
Enlisted to Officer Commissi	oning Program	Application &	Administrati	on Manual	OPNAVINST	1420.1(seri	es):
Commissioning Programs Applica	ations:	(prior to su	bmission, com	mand endor	rsement):		
Naval Academy:	Naval Academy Pr	eparatory Schoo	ol (NAPS):				
Limited Duty Officer:							
Officer Candidate School:		to Admiral 21 (S	,				
Medical Enlisted Commissioning	Program (MECP):		Medical Servi	ce Corps In-	service Procur	ement:	

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SELECTION BOARD CHECKLIST FOR E6 PROMOTION TO CPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. Electronic Training Jacket (ETJ): Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "Data Problems" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E7 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 360 / SELRES = 335 / FTS = 336)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

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Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- a. Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out **OTHER Learning Opportunities** to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.
- Step 4 Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

Step 5 - Prepare for the next CPO Advancement Exam cycle in January for Active Duty & February for Reserves as soon as the Bibliography References are posted six months prior in July. Use the Navy Advancement Center info and website listed above in the advancement section.

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
Petty Officer of the Watch (POOW)		
Junior Officer of the Deck (JOOD)		
Duty Section Leader		
Master Training Specialist (MTS) ¹		

^{1 -} Only when assigned to Training Command

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

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^{1 -} Needs to be completed within 24 Months after enrollment2 - Only if assigned to an NECC or NSW qualifying Command.

^{3 -} Eligible if attached to a FMF Unit4 - Eligible if assigned to CYBERFOR Command

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Seabee Embark PQS (NAVEDTRA 43810-A) ¹		
Construction Safety PQS (NAVEDTRA 43809-A) ²		
Construction Quality Control PQS (NAVEDTRA 43808) 3		
MRAP PQS (NAVEDTRA 43812-A) ⁴		
CAT 120M Grader PQS (NAVEDTRA 43811) ⁴		
Seabee Combat Warfare for NMCB Specific (NAVEDTRA 43904-1F) ⁵		
Seabee Combat Warfare (SCW), Unit Specific for PHIBCB (NAVEDTRA 43904-2E) ⁶		
Seabee Combat Warfare (SCW), Unit Specific for Underwater Construction Team (UCT) (NAVEDTRA 43904-3F) ⁷		
Seabee Combat Warfare (SCW), Common Core (NAVEDTRA 43904-E) ⁸		
Seabee Combat Warfare (SCW) Construction Battalion Maintenance Unit (CBMU) Specific (NAVEDTRA 43904-5D) 10		
EXW Unit Specific for Naval Construction Group and Naval Construction Regiment (NAVEDTRA 43465-2) 11		
Enlisted Information Warfare Specialist (EIWS) Common Core, Platform Specific, and Command Specific PQS (NAVEDTRA 43365-B) 12		
INLS Roll-on Roll-Off Discharge Facility (RRDF) (NAVEDTRA 43487-8) 13		
Floating Causeway 13		
ACB Elevated Causeway System (Modular) (ELCAS M) (NAVEDTRA 43487-5A) 13		
ACB Barge Ferry Ops (NAVEDTRA 43487-1C) 13		
Improved Navy Lighterage System (INLS) (NAVEDTRA 43487-5A) 13		
Inflatable Boat Operator (COLDS) (NAVEDTRA 43487-7) 13		
1 - POS when assigned as Embark Org member	•	

- 1 PQS when assigned as Embark Org member
- 2 Required when assigned as Safety Supervisor3 Required when assigned as QC Rep
- 4 JQR when assigned to NECC command
- 5 Required PQS when enrolled in NMCB SCWS Program
- 6 Required PQS when enrolled in PHIBCB SCWS Program
 7 Required PQS when enrolled in UCT SCWS Program
- 8 Required PQS for all SCWS Program
- 10 Required PQS when enrolled in CBMU SCWS Program
- 11 Required PQS when enrolled in EXW Program
- 12 Required PQS when enrolled in EIDWS Program
- 13 PQS when attached to Beach Group

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Cranes Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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aygrade		Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)	
0350 - Equipment Operator Series	
4741 - General Equipment Operating	
5703 - Motor Vehicle Operating	
5704 - Fork Lift Operating	
5705 - Tractor Operating	
5716 - Engineering Equipment Operating	
5725 - Crane Operating	
5729 - Drill Rig Operating	
5767 - Airfield Clearing Equipment Operating	
5803 - Heavy Mobile Equipment Mechanic	
5806 - Mobile Equipment Servicing	
5823 - Automotive Mechanic	

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STAY NAVY

AC to AC and FTS to FTS - Continue Navy career on Active Duty.

E6 and below with less than 14 years of service will require a C-Way Application to be approved for reenlistment or extension.

Once C-Way application is approved, the Sailor should request to Reenlist or Extend with the appropriate form.

REENLIST / EXTEND: Request Chit/Form:			
Career Waypoints-Reenlistment Approval:			
School as a Reenlistment Incentive:			
Prior Service Reenlistment Eligibility - Rese	rve (PRISE-R):		
MyNavy Assignments (MNA):			
Medical/Dental Screening:			
Command Recommendation (evaluation):	Bonus:	Ceremony:	

RC to AC/FTS

See MILPERSMAN 1306-1505: Sailors may complete a component change from the Reserve Component (RC) to AC (RC2AC/FTS). This not only leverages existing skill sets that reside in the RC population to improve and maintain AC community health, but also provides qualified Sailors with an opportunity to resume or begin a career in the AC/FTS. This component change refers to a permanent transfer from RC2AC/FTS. This voluntary program enables qualified, eligible enlisted RC Sailors to submit applications in Career Waypoints (C-WAY) based on available quotas published on the Bureau of Naval Personnel (BUPERS), Enlisted Community Manager (BUPERS-32) Web page at: https://www.public.navy.mil/bupersnpc/enlisted/community/selres/Pages/EnlistedReserveOpportunities.aspx.

If you have any questions or concerns, contact your unit or NOSC career counselor.

RC to RC - Continue your Navy career as a Reservist.

Submit reenlistment request utilizing NAVRES 1160/1 Drilling Reservist Reenlistment Worksheet.

REENLIST / EXTEND: Request Chit/Form:

School as a Reenlistment Incentive:

MyNavy Assignments (MNA):

Medical/Dental Screening:

Command Recommendation (evaluation): Bonus: Ceremony:

AC/FTS to CIP

The Career Intermission Program allows Officers and Enlisted Sailors to transfer out of the active component (AC/FTS) and into the Individual Ready Reserve for a period of one to three years to pursue personal or professional obligations outside the Navy, while providing a means for their seamless return to active duty.

For additional information, go to: https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/IRR/Pages/CIP.aspx.

AC/FTS to Secretary of the Navy Tours with Industry

This program provides a venue for exceptional Sailors to experience innovative business practices. Navy fellows are fully immersed in company practices and will be actively engaged in projects and company operations. Past fellows were assigned to companies including VMware, Qualcomm, Apple, Incorporation, Boeing, Tesla, Oak Ridge National Laboratory, GE Digital, Amazon, FedEx, Northrup Grumman, Space X, LinkedIn and USAA.

For additional information go to: https://www.public.navy.mil/bupers-npc/career/talentmanagement/Pages/SNTWI.aspx.

Canvasser Recruiter (CANREC)

The Canvasser Recruiter (CANREC) Recall Program is a voluntary and temporary recall program for RC personnel to serve as production recruiters in support of the Navy Prior Service recruiting mission. Personnel eligible to volunteer for a Definite (also termed as "temporary") Recall to Active Duty (ACDU) as a CANREC are Reserve Component (RC) members, specifically Selected Reserve (SELRES), Individual Ready Reserve (IRR-ASP), and Voluntary Training Unit (VTU) personnel. For additional information, go to:

https://www.public.navy.mil/bupers-npc/career/reservepersonnelmgmt/definiterecall/Pages/CANRECRecall.aspx.

Career Waypoints-Reenlistment:

The Command Career Counselor is your local advocate to assist you with the Career Waypoints application process.

- E3-E6 Sailors with less than 14 years of service must submit a Career Waypoints application, regardless of reenlistment intentions. Sailors who do not desire to reenlist will submit an "intends to separate" application. Sailors not eligible for reenlistment will submit a "not eligible" application.
- The Career Waypoints system automatically generates most of the applications needed by Sailors. Applications must be submitted no later than 16 months prior to expiration of active/reserve obligated service (EAOS/EOS) or as extended (SEAOS/SEOS). Sailors with less than 24 months of contract time remaining at their projected rotation date (PRD) will submit an application 15 months prior to their PRD. In either case, the Career Waypoints system will automatically generate

EO - Equipment Operator Page 91 of 158 applications for Sailors 18 months prior to either timeframe. Applications required outside of the established C-Way gates can be submitted as Special Circumstance applications. Examples of when these may be needed include OBLISERVE for special duty, decommissioning or homeport shift.

- The C-Way 3-2-1 Process aligns career decisions with the detailing process. Soft End of Active/Reserve Obligated Service (SEAOS/SEOS)/End of Active/Reserve Obligated Service (EAOS/EOS) applications are created by C-Way at the 18 month from S/EAOS/EOS mark and must be submitted by the Command Career Counselor at the 16 month mark. This provides time for the Career Counselor to validate the Sailor's information and to ascertain the Sailors career intentions. The first C-Way review gate occurs from 16 to 13 months from S/EAOS/EOS with career choice options of in-rate, conversion, and Selected Reserve. The second review gate occurs from 12 to 9 months from S/EAOS/EOS with career choice options of conversion and Selected Reserve. From 8 months to 4 months to S/EAOS/EOS the Sailor can only choose Selected Reserve affiliation.
- Monthly reenlistment quotas are limited and must be reserved for our best and brightest Sailors who desire to Stay Navy.
 Sailors must choose one of the following based on their desires and qualifications:
 - Reenlist-in-Rate.
 - · Reenlist-in-rate, Willing to Convert
 - · Convert only
 - · AC to AC or FTS to FTS
 - RC to AC/FTS
 - RC to RC
 - · AC/FTS to CIP (Intermission)
 - AC/FTS to Tour w/ Industry
 - SELRES option
 - · Canvasser Recruiter
 - Intend to separate
 - Not eligible

In February 2014, C-Way delivered auto-approval capabilities to provide reenlistment decisions on S/EAOS/EOS applications more quickly for eligible ratings. This changed the monthly processing of reenlistment applications as described below.

- If you are in an, "open" rating or a "balanced" rating in an undermanned year group or an E6, you are eligible for reenlistment, and your application is submitted with correct data it will be auto-approved and returned immediately, and you can reenlist.
- If you are in a "competitive" rating or a balanced rating but not an undermanned year group, then your application will be
 processed through the monthly Rack and Stack process. Applications submitted in one month are processed in Rack and
 Stack the following month.
- For Nuclear ratings, all applications are reviewed by enlisted community managers on an ongoing basis throughout the processing month.
- If required data is missing (evaluations, Physical Fitness Assessment (PFA) data, security clearance etc.) the application
 will be denied with a note to your career counselor regarding what needs to be fixed. It is critical the Command Career
 Counselor reviews these notes to ensure Sailors are not disadvantaged in their opportunities for retention.
- Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoint system.
- For additional guidance, see MILPERSMAN 1160-140, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

Targeted Reentry Program (TRP)

NAVADMIN 047/18 empowers COs with the ability to identify and recommend SELRES on active duty/Definite Recall (ACDU) and Full Time Support (FTS) enlisted personnel, who are the best and brightest, the option for expedited reentry to Active Duty in the Navy.

- Golden Ticket Sailors are guaranteed an expedited return to ACDU within one year from separation from ACDU. Sailors
 who do not use their Golden Ticket within one year are automatically convert to a Silver Ticket for one additional year.
 Sailors must remain fully qualified.
- Silver Ticket Sailors are afforded an expedited return to ACDU within two years from separation date. This opportunity is subject to Needs of the Navy (NOTN) and provided the Sailor remains fully qualified.

Upon completion of the monthly process, Career Waypoints results will be available to command users via the Monthly report section of the Career Waypoints system.

For additional guidance, see MILPERSMAN 1001-260, NAVADMIN 231/17, and your Career Counselor Or call My Navy Call Center: (833) 330-MNCC or (901) 874-MNCC; or askmncc@navy.mil

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AC/FTS TRANSFER:

15 Months	12 Months	9 Months	6 Months	Orders Received
Career Waypoint	Career Waypoint	Career Waypoint	Accept Orders	Screening
Exception Family Member	Exception Family Member	Medical/Dental	Reverse Sponsor	Obligate
MNA	MNA	MNA	Relocation (FFSC)	Bonus
Mil to Mil	Eval	SRB	SRB	1

Family Care Plan

Continuous Overseas Tours (COT)

Overseas Tour Extension Incentive Program (OTEIP)

SELRES TRANSFER:

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS o	pportunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:

18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		

^{*}Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.

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PHYSICAL FITI	NESS:					
					dards. Review and verify a	ccuracy of
PFA data in PRII	MS within 60 days c	of the PFA cycle. (PF	CIMS is accessible	through your	BUPERS Online Account)	
Height	Weight	If Required (AC	BCA)		
Last 2 PRT Cycle	es: Forearm Plank	/	Push-ups	/	Run/Swim/Cardio	/
Overall Score	/					
List date (if) any	PRT/BCA failure(s)	over the last 5 years	/			
List if any Medica	al Waiver(s)	/				
For more informatio	n on Navy Fitness, visit	: https://www.public.nav	y.mil/bupers-npc/supp	ort/21st_Centu	ry_Sailor/physical/Pages/default/	2.aspx

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PROFESSIONAL MILITARY EDUCATION (E6)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan C	completed (Navy Colle	ege Office/NCVEC	C)			
Current Education	n Level					
Degree Goal						
	** Various de	gree options are a	vailable	in the Advance	d Education sec	ction. **
Goal: Date: AA/A			Master			
(Credits to earn a	degree - AA/AS: 60	SH/90 QH, BA/BS	8: 120 SF	1/180, QH, Mas	ster /Doctorate:	Variable based on program
Number of curren	t credits	American Cour	ncil on Ed	ducation (ACE)	recommended	credits
Joint Service Trai	nscripts (JST)					
HS Transcripts	College	Transcripts				
Date Degree Obt	ained: AA/AS	BA/BS		Master	Do	octorate
For entry into Naval Educa JST Operatio 6490 Saufley Pensacola, F Email: JST@	/ Field Road FL 32509	ge/University send nmand N644	d official t	transcripts to:		
V	OLUNTARY EDUCA are located	TION: Links to side on the DANTES	tudy gui 6 websit	des, exam pre e https://www	eparations, and dantes.doded	d practice tests I.mil/
Academic skills	NCPA	CE	CLEP		DSST	
TA	MGIB	MGIB-SR		Post 9/11 GIB		

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E6 REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Advanced Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-05	4 days	
Professional Military Knowledge Eligibility Exam (PMK-EE) for E7	Navy e-Learning	NETCPDC-PMK-EE-E7-1.0		
ADAMS for Supervisors	Various Locations	S-501-0120	8 hrs	
ADAMS for Facilitators	Various Locations	S-501-0110	16 hrs	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

E6 REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Seabee Combat Handbook, Volume 1 ¹	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2 ¹	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Naval Construction Force/Seabee 1 & C ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		

^{1 -} Mandatory when assigned to SCWS qualifying Unit

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

E6 RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Professional Military Knowledge Eligibility Exam (PMK-EE) Study Material	Navy e-Learning	NETCPDC-PMK-EE-SM-1.0		
Military Requirements for Chief Petty Officer	Navy e-Learning	NRTC-NAVEDTRA-14144- MRFCPO-1.0		
Basic Enlisted Professional Military Education (BEPME)	Navy e-Learning	Military DON/ PME	20 hrs	
Block 1 Basic EPME - Introduction	Navy e-Learning	NWC-EPME-BASIC-B1		
Block 2 Basic EPME - Navy History and Heritage	Navy e-Learning	NWC-EPME-BASIC-B2		
Block 3 Basic EPME - The Navy Professional	Navy e-Learning	NWC-EPME-BASIC-B3		
Block 4 Basic EPME - Organization and Guidance	Navy e-Learning	NWC-EPME-BASIC-B4		
Block 5 Basic EPME - Planning	Navy e-Learning	NWC-EPME-BASIC-B5		
Block 6 Basic EPME - Regional Expertise and Cultural Awareness	Navy e-Learning	NWC-EPME-BASIC-B6		
Block 7 Basic EPME - Technology for the Warfighter	Navy e-Learning	NWC-EPME-BASIC-B7		
Block 8 Basic EPME - Conclusion	Navy e-Learning	NWC-EPME-BASIC-B8		
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-3.0	10 hrs	
Evaluation and Fitness Reports	Navy e-Learning	002EF01		
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Nutrition	Navy e-Learning	NMHCl2107V2.1	1 hour	
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
21st Century CONSEP (Mid-Career)	Fleet and Family Service Center		2 days	
Recommended General Military Training Topics For FY 20	021 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
			_	

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

E6 RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

E6 RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Equipment Operator Basic - NAVEDTRA 14081A	Navy e-Learning	NRTC-NAVEDTRA-14081A-EOB		
Equipment Operator Advanced - NAVEDTRA 14080A	Navy e-Learning	NRTC-NAVEDTRA-14080A-EOA		
Blueprint Reading and Sketching ¹	MNP/PQS/NRTC	NAVEDTRA 14040A		
CENSECFOR Operator Training – M-16A3/M4A1	Navy e-Learning	CSF-M16A3/M4A1-10-3.0		
CENSECFOR Operator Training - M500 Service Shotgun	Navy e-Learning	CSF-M500-10-3.0		
CENSECFOR Operator Training – M9 Service Pistol	Navy e-Learning	CSF-M9-10-3.0		
Tools and Their Uses ¹	MNP/PQS/NRTC	NAVEDTRA 14256A		
Basic Machines ¹	MNP/PQS/NRTC	NAVEDTRA 14037		

^{1 -} You typically have 12 months to complete a NRTC via Navy Advancement website after 12 months if you have not completed the course you will be disenrolled.

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.						
Foundational Advanced Capstone						
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek				
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck				
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek				
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes				

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.					
Foundational Advanced Capstone					
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov			
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs			
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte			
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly			
The Next 100 Years - Friedman					

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.					
Foundational Advanced Capstone					
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski			
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell			
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien			
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes			

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.					
Foundational Advanced Capstone					
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello			
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro			
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks			
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire			
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander			
	Start with Why - Sinek				

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.						
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.						
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein				
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell				
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker				
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester				
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell				
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood				
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth				

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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E6 RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Seabee Chief Petty Officer Management ¹	PH, CA & GP, MS	A-710-0021	12 days	
Naval Construction Force Operations (Basic) ¹	CECOS / PH, CA / GP, MS	A-4A-1112	12 days	
Naval Construction Force Operations Advanced & Staff Planning (MCPP) ¹	PH, CA & GP, MS	A-4A-1111 / A-4A-0133	12 days / 5 days	
Contingency Engineering Seminar ¹	PH, CA	A-4A-0053	5 days	
Prospective Operations and Training Staff Course ^{1 2}	CECOS	A-4A-0039	5 days	
Tactical Mobile Watch Officer Course ¹	Jacksonville, FL	C-2G-0367	5 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 Recommended for senior enlisted assigned S-3C and S-7C duties and responsibilities

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ¹	See CANTRAC	K-062-0102	33 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
B06A - Water Well Drilling and Development Technician ¹	China Lake, CA	A-730-0014	40 days	
B07A - Blasting and Quarry Operations Specialist	China Lake, CA	A-730-0019	40 days	
B07A - Blaster Requalification/Refresher (Recert); (Required annually as required) ¹	China Lake, CA	A-730-0021	5 days	
B15A - Construction Planner and Estimator Specialist ¹	Port Hueneme, CA / Gulfport, MS	A-412-0012	68 days	
811A - 3-M Systems Coordinator/Inspector ¹	Norfolk, VA / San Diego, CA	J-500-0029	2 weeks	
B00A - Construction Inspector ¹	PH, Ca / GP, Ms	A-710-0022	56 days	
B22A - Safety Inspector ¹	GP, Ms/QO&NF, Va/VTC	A-493-0021	5 days	
B16A - Advanced Underwater Construction Technician ²	Panama City, FL	A-433-0037	110 days	
833A - Disaster Preparedness Operations & Training Specialist ¹	FT, Leonard Wood, MO	A-494-0006	26 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

2 - Only when assigned to UCT

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JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Pho Number			
Mobilization UIC:							
Naval Reserve Activity	:						
Division Officer:				Phone N	Number:		
Leading Chief Petty Of	fficer:			Phone N	Number:		
Leading Petty Officer:				Phone N	Number:		
Sponsor/Mentor:				Phone N	Number:		
Depart/Division Caree Counselor:	r			Phone N	Number:		
Date of Initial Entry to I	Military Service (DIEM	S):	Date of Init	ial Entry Res	serve Forces (I	DIERF):	
Pay Entry Base Date (PEBD):						
ADSD: Re	eport Date:	EAOS/EOS:	PRD:		SEA / SHORE	= :	/
PAYGRADE E7 (3 Year Date Advanced: HYT Date:	Eligible Adv Security Clearance	ancement Date		Number of tir	mes up:		
Command INDOC con	nplete:						
(E7) Reason fo	Jse OPNAVINST 104 r Convening/Discussion	l0.11(ser) & Ca Items: (Upon con	npletion update (CI	landbook N MS) Career Ir	nformation Mana	78 agement S	System)
Reporting (within 60 da				Date Condu	cted):		
24 Month:	48 Month:	60 Mont	h:				
Family Care Plan:	Mil to Mil:		lw , 5				
Sailor 360:	Special Program		Member Reques		□ Diaanaaaa		
HYT 24 months (Date):		Waiver Date:		Approve	☐ Disapprove	•	
Transfer:	Separation:		eserve Retiremer		oivad):		
Physical Fitness Test F			Bonus (election r	nessage red	eiveu).		
Overseas Tour Extensi	•	` ,					
Advancement Center (Items to collect/discus	r: Visit MNP Advances: Bibliography for Ad	ement & Prom vancement, Enl	iotion page location isted Advanceme	ted under to nt Exam Str	he Career & L ategy Guide, F	Life Ever Profile Sh	nts Tab eets)
Advancement:							
Enlisted to Officer Co						1420.1(s	eries):
Commissioning Program		**	o submission, com		•		
Medical Enlisted Comm Officer Candidate School		•		ce Corps In-s hief Warrant	service Procure	ment:	
Unicer Candidate School	JI. LIITII	ited Duty Officer:	C	mer warrant	Officer.		

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SELECTION BOARD CHECKLIST FOR CPO PROMOTION TO SCPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - 1. Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. **Electronic Training Jacket (ETJ)**: Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "*Data Problems*" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E8 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 235 / SELRES = 205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

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Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out OTHER Learning Opportunities to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.

Step 4 - Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
3M 305 Department Head		
Section Leader		
Officer of the Deck (OOD) (In Port)		
Command Duty Officer (CDO)		
Officer of the Deck (OOD) (At Sea)		
Master Training Specialist (MTS) ¹		

^{1 -} Only when assigned to Training Command

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

- 1 24 months upon enrollment, 1 year if requal
 2 Only if assigned to an NECC or NSW qualifying Command.
 3 Eligible if attached to a FMF Unit
 4 Eligible if assigned to CYBERFOR Command

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Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Seabee Embark PQS (NAVEDTRA 43810-A) ¹		
Construction Safety PQS (NAVEDTRA 43809-A) ²		
Construction Management Continuum Training (NAVEDTRA 43807-A) 3		
Construction Quality Control PQS (NAVEDTRA 43808) 4		
Seabee Combat Warfare for NMCB Specific (NAVEDTRA 43904-1F) ⁵		
Seabee Combat Warfare (SCW), Unit Specific for PHIBCB (NAVEDTRA 43904-2E) ⁶		
Seabee Combat Warfare (SCW), Unit Specific for Underwater Construction Team (UCT) (NAVEDTRA 43904-3F) ⁷		
Seabee Combat Warfare (SCW), Common Core (NAVEDTRA 43904-E) ⁸		
Seabee Combat Warfare (SCW) Construction Battalion Maintenance Unit (CBMU) Specific (NAVEDTRA 43904-5D) 10		
EXW Unit Specific for Naval Construction Group and Naval Construction Regiment (NAVEDTRA 43465-2) 11		
Enlisted Information Warfare Specialist (EIWS) Common Core, Platform Specific, and Command Specific PQS (NAVEDTRA 43365-B) 12		
Floating Causeway 12		
INLS Roll-on Roll-Off Discharge Facility (RRDF) (NAVEDTRA 43487-8) 13		
ACB Elevated Causeway System (Modular) (ELCAS M) (NAVEDTRA 43487-5A) 13		
ACB Barge Ferry Ops (NAVEDTRA 43487-1C) 13		
Improved Navy Lighterage System (INLS) (NAVEDTRA 43487-5A) ¹³		
Inflatable Boat Operator (COLDS) (NAVEDTRA 43487-7) 13		
1 - DOS when assigned as Embark Chief	•	•

- 1 PQS when assigned as Embark Chief
- 2 Required when assigned as Safety Chief3 Required when assigned as Project Manager
- 4 Required when assigned as QC Chief
- 5 Required PQS when enrolled in NMCB SCWS Program
- 6 Required PQS when enrolled in PHIBCB SCWS Program
- 7 Required PQS when enrolled in UCT SCWS Program 8 Required PQS for all SCWS Program
- 10 Required PQS when enrolled in CBMU SCWS Program
- 11 Required PQS when enrolled in EXW Program
- 12 Required PQS when enrolled in EIDWS Program
- 13 PQS when attached to Beach Group

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Cranes Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
E2	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees - You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)
350 - Equipment Operator Series
741 - General Equipment Operating
703 - Motor Vehicle Operating
704 - Fork Lift Operating
705 - Tractor Operating
716 - Engineering Equipment Operating
725 - Crane Operating
729 - Drill Rig Operating
767 - Airfield Clearing Equipment Operating
803 - Heavy Mobile Equipment Mechanic
806 - Mobile Equipment Servicing
823 - Automotive Mechanic

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STAY NAVY

REENLIST / EXTEND:		career on Active Duty.			
MyNavy Assignments (N	MNA): M	edical/Dental Screening	:		
Command Recommend	,	Bonus:	Ceremony:		
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TR	505 states: E7 and above	e personnel who seek o process must contact E	opportunities for compor	nent change outs ommunity Manaç	ide of the gers) directly.
RC to RC - Continue y	our Navy career as a	Reservist.			
Submit reenlistment req	uest utilizing NAVRES 1	1160/1 Drilling Reservist	Reenlistment Workshe	et.	
REENLIST / EXTEND:	Request Chit/Form:				
MyNavy Assignments (M	ΛNA):				
Medical/Dental Screening	ng:				
Command Recommend	lation (evaluation):	Bonus:	Ceremony:		
AC/FTS to CIP					
The Career Intermissior the Individual Ready Re while providing a means For additional information	serve for a period of one for their seamless retur	e to three years to pursu n to active duty.	e personal or profession	nal obligations or	utside the Navy,
AC/FTS to Secretary of This program provides a immersed in company p to companies including Amazon, FedEx, Northrifor additional information	a venue for exceptional bractices and will be acti VMware, Qualcomm, Ap up Grumman, Space X,	Sailors to experience in vely engaged in projects ople, Incorporation, Boe LinkedIn and USAA.	s and company operations and company operations and company operations. Tesla, Oak Ridge N	ons. Past fellows National Laborato	were assigned ory, GE Digital,
AC/FTS TRANSFER:					
15 Months	12 Months	9 Months	6 Months	Orders Receive	<u>ed</u>
MNA	MNA	MNA	Accept Orders	Screening	
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate	
Mil to Mil		1	Relocation (FFSC)	Bonus	
Family Care Plan			Medical/Dental	1	
Continuous Overseas T	ours (COT)		1		
Overseas Tour Extension	on Incentive Program (O	TEIP)			

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C		EC	TD	AA	ICI		
3	ᅜ	EG	ΙK	.An	101	FER	i

List if any Medical Waiver(s)

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(varifice appropriate appropriate	(extend in current field)	(annly for hillata)	(annly for hillata)	
(verify account access)	(exteria in current neia)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opp	ortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RE	ETIRE*:						
18 -12 months		6 months		<u>90 days</u>		<u>30 days</u>	
TAP*		MED/DEN		Copy of Recor	ds	Copy of Record	ls
Complete DD 264	48	Relocation		Official Record	CD	PSD	
Transition Plannin	g	Relocation Ser	vices (FFSC)	Arrange Ceren	nony	MED/DEN	
Annual Statement of (ASOSH)		Reserve Affiliat	tion	Request Leave	e / PTDY	DD 214*	
Reserve Only		VA/DVA					
*Upon demobiliza Reserve Retireme		ill need Transit	ion Assistance	Program (TAP)) and DD-214; L	DD-214 is not red	quired for
PHYSICAL FITNI Participate in a year PFA data in PRIM	ar-round physica						
Height V	Veight	If Required	(AC E	BCA)			
Last 2 PRT Cycles	s: Forearm Plank	/	Push-ups	/	Run/Swi	m/Cardio	/
Overall Score	/						
List date (if) any Pl	RT/BCA failure(s	s) over the last 5	years	/			

For more information on Navy Fitness, visit: https://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/physical/Pages/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (CPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Completed (Navy College Office/NCVEC)						
Current Education Leve	el					
Degree Goal						
	** Various degree op	tions are available in t	he Advanced Educa	ation section. **		
Goal: Date: AA/AS (Credits to earn a degr	BA/BS ee - AA/AS: 60 SH/90 0	Master QH, BA/BS: 120 SH/1	80, QH, Master /Do	ctorate: Variable ba	sed on program)	
Number of current cred	dits Ame	rican Council on Educ	ation (ACE) recom	mended credits		
Joint Service Transcrip	ots (JST)					
HS Transcripts	College Transc	ripts				
Date Degree Obtained	d: AA/AS	BA/BS	Master	Doctorate		
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil						
VOLUN	NTARY EDUCATION: I are located on the	inks to study guide DANTES website h	s, exam preparation https://www.dante	ons, and practice t s.doded.mil/	ests	
NCPACE	CLEP	DSST	TA			
MGIB N	//GIB-SR	Post 9/11 GIB	AEV			

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CPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Chief Petty Officer Selectee Leadership Course	Command Delivered		5 days	
Chief Petty Officer Leader Development Course	Water front/ Flightline/ Various ⁴	NELD-06	5 days	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (Del	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

CPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Seabee Combat Handbook, Volume 1 ¹	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2 ¹	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Naval Construction Force/Seabee 1 & C ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		

^{1 -} Mandatory when assigned to SCWS qualifying Unit

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^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.
4 - See MNP Enlisted Leadership Development page: https://www.mnp.navy.mil/group/training-education-qualifications/enlisted-leader-development.

CPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	i
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	War College	Military DON/ PME	40 hrs	
Senior Enlisted Academy	Newport RI	P-920-1300	3 weeks (DL) / 3 weeks (F2F)	
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Recommended General Military Training Topics For FY 202	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

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^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

CPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

CPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Equipment Operator Basic - NAVEDTRA 14081A	Navy e-Learning	NRTC-NAVEDTRA-14081A-EOB		
Equipment Operator Advanced - NAVEDTRA 14080A	Navy e-Learning	NRTC-NAVEDTRA-14080A-EOA		
Blueprint Reading and Sketching ¹	MNP/PQS/NRTC	NAVEDTRA 14040A		
CENSECFOR Operator Training – M-16A3/M4A1	Navy e-Learning	CSF-M16A3/M4A1-10-3.0		
CENSECFOR Operator Training - M500 Service Shotgun	Navy e-Learning	CSF-M500-10-3.0		
CENSECFOR Operator Training – M9 Service Pistol	Navy e-Learning	CSF-M9-10-3.0		
Tools and Their Uses ¹	MNP/PQS/NRTC	NAVEDTRA 14256A		

^{1 -} You typically have 12 months to complete a NRTC via Navy Advancement website after 12 months if you have not completed the course you will be disenrolled.

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational Advanced Capstone				
Ghost Fleet - Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – <i>Toll</i>	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational Advanced Capstone			
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational Advanced Capstone				
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.			
Foundational Advanced Capstone			
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello	
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro	
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks	
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire	
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander	
	Start with Why - Sinek		

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.				
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.				
A Call to Conscience - Carson, Shepard, Young Happiness Advantage - Achor Starship Troopers - Heinlein				
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell		
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker		
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester		
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell		
Descent Into Darkness - Raymer Run Silent, Run Deep - Beach Tragedy at Honda Point - Lockwood		Tragedy at Honda Point - Lockwood		
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth		

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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CPO RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Naval Construction Force Operations (Basic) ¹	CECOS / PH, CA / GP, MS	A-4A-1112	12 days	
Naval Construction Force Operations Advanced & Staff Planning (MCPP) ^{1 2}	PH, CA & GP, MS	A-4A-1111 / A-4A-0133	12 days / 5 days	
Naval Construction Force Prospective Operations and Training Staff Course ¹	CECOS	A-4A-0039	5 days	
Contingency Engineering Seminar ¹	PH, CA	A-4A-0053	5 days	
Tactical Mobile Watch Officer Course ¹	Jacksonville, FL	C-2G-0367	5 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 Recommended for senior enlisted assigned S-3C and S-7C duties and responsibilities

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
B10A - Elevated Causeway System (Modular) Specialist ¹	See CANTRAC	K-062-0102	33 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	
B06A - Water Well Drilling and Development Technician ¹	China Lake, CA	A-730-0014	40 days	
B07A - Blasting and Quarry Operations Specialist	China Lake, CA	A-730-0019	40 days	
811A - 3-M Systems Coordinator/Inspector ¹	Norfolk, VA / San Diego, CA	J-500-0029	2 weeks	
B22A - Safety Inspector ¹	GP, Ms / QO&NF, Va / VTC	A-493-0021	5 days	
8CSC - Command Senior Chief (CMDCS) ¹	Newport, RI	A-570-4500	12 days	
B16A - Advanced Underwater Construction Technician ²	Panama City, FL	A-433-0037	110 days	
833A - Disaster Preparedness Operations & Training Specialist ¹	FT, Leonard Wood, MO	A-494-0006	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 When assigned to UCT

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address		QD Phone Number:				
Mobilization UIC:						
Naval Reserve Activity	<i>r</i> :					
Division Officer:				Phone Nur	nher:	
	. ,					
Command Master Ch				Phone Nur		
Leading Chief Petty C	Officer:			Phone Nur	nber:	
Sponsor/Mentor:				Phone Nur	mber:	
Depart/Division Caree Counselor:	er			Phone Nur	mber:	
Date of Initial Entry to	Military Service (DIE	MS):	Date of Initi	al Entry Reser	ve Forces (D	IERF):
Pay Entry Base Date	(PEBD):					
ADSD: R	eport Date:	EAOS/EOS:	PRD:	SE	A / SHORE:	/
HYT Date: Command INDOC cor	Security Clearar	dvancement Date	Date Last	updated:		
(E8) Reason fo	Use OPNAVINST 10 or Convening/Discussion	040.11(ser) & Ca	ELOPMENT BOA areer Counselor H mpletion update (Cli	andbook NAV	PERS 1587	8 gement System)
Reporting (within 60 d	ays for active duty or	four drill weeker	nds for SELRES) (Date Conducte	d):	
24 Month:	48 Month:	60 Mon	th:			
Family Care Plan:	Mil to Mi	l:				
Sailor 360:	Special Program	m:	Member Reques	t:		
HYT 24 months (Date)	: HY	T Waiver Date:		Approve \square	Disapprove	
Transfer:	Separation:	Fleet F	Reserve Retiremen	t Options:		
Physical Fitness Test	Failure:	Career Status	Bonus (election n	nessage receiv	red):	
Overseas Tour Extens	ion Incentives Progra	am (OTEIP):				
Advancement Cente (Items to collect/discus	er: Visit MNP Advar ss: Bibliography for A	ncement & Pron Advancement, En	notion page locatilisted Advanceme	t ed under the nt Exam Strate	Career & Li gy Guide, Pr	fe Events Tab ofile Sheets)
Advancement:						
Enlisted to Officer C	ommissioning Pro	gram Applicatio	n & Administrati	on Manual OF	PNAVINST 1	420.1(series):
Commissioning Progra	ms Applications:	(prior	to submission, com	mand endorser	nent):	
Medical Enlisted Comm	nissioning Program (M	ECP):	Medical Servi	ce Corps In-ser	vice Procuren	nent:
Officer Candidate Scho	ol: Lir	mited Duty Officer	C	hief Warrant Off	ficer:	

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SELECTION BOARD CHECKLIST FOR SCPO PROMOTION TO MCPO

Step 1 - Review your Official Record to see what documentation, qualifications, etc. may be missing or requiring an update. This should be accomplished every six months after promotion to Second Class. However, it is imperative that this is accomplished six months prior to a selection board. Check the following three major sections to verify your Official Record:

- a. **BUPERS Online**: BUPERS Online (https://www.bol.navy.mil) is your main tool to ensure your record is up to date and helps you to be proactive in making the most of your promotion opportunity. You should review your:
 - Official Military Personnel File (OMPF): All active duty and reserve personnel having a BOL account, a CAC (with appropriate certificates) and a CAC-enabled computer can now view their OMPF online by selecting the OMPF option on the BOL main menu page. This is the preferred method of obtaining OMPF information to eliminate the unnecessary time-lags caused by waiting days or weeks to receive a requested CD ROM.
 - 2. **If Deployed:** Click on "Request Record on CD" to order your Official Military Personnel File (OMPF). This must be accomplished four to six months before a board convenes, which will allow time for delivery and updating of your record if required.
 - 3. Check your **Performance Summary Record (PSR)** and **Enlisted Summary Record (ESR)** on https://www.bol.navy.mil, click on the "ODC, OSR, PSR, ESR" link.
- b. **Electronic Service Record (ESR)** Self-Service ESR: This can be viewed at (https://nsips.nmci.navy.mil) or on the Navy Standard Integrated Personnel System (NSIPS) ESR server onboard ship.
- c. Electronic Training Jacket (ETJ): Log in to My Navy Portal (MNP) and review your entire ETJ making sure that each section is correct. If not, clicking on "Data Problems" at the bottom of each page which will guide you on how to make corrections or updates.
- d. **US Navy Awards website**: Log in to (https://awards.navy.mil/) to review any awards you may qualify for but were unaware of. Note that this website is only available from a CAC enabled, NMCI machine.
- e. **Physical Readiness Information Management System (PRIMS)**: To log in to PRIMS, first log in to BUPERS Online at https://www.bol.navy.mil. Then look half way down the page for the PRIMS login at https://www.bol.navy.mil/bam/.
- f. **EOSH**: The Federal Agency Employee Occupational Safety and Health (EOSH) Toolkit is available at https://www.osha.gov/dep/fap/eosh_toolkit.html. It provides a one-stop-shop website that includes "just in time" information about maintaining a safe and healthful workplace.

Step 2 - Submit appropriate missing documents to the selection board.

- a. Selection board packages provide candidates the opportunity to submit any documents missing from the sections of their records which are viewed by the selection boards. MILPERSMAN 1070-080 specifies which documents from the enlisted permanent personnel record are provided to the selection board for review. Any documents the member has verified as missing from those sections of their permanent personnel record may be submitted as a selection board package.
- b. For submissions directly to the board and for those circumstances where the eligible candidate cannot get their official record updated and confirmed prior to the selection board convening date:
 - All correspondence should be on plain white paper for readability; paper clipped (no staples, binders, folders, or tabs) and submitted under cover letter to the president of the board. Candidates must verify the correct subject line and board number (see below) is on their cover letters to ensure their packages appear before the proper board.
 - Correspondence must include your Full name and SSN, must be affixed and legible on all documents submitted, and must be emailed encrypted to the address provided in the associated NAVADMIN or postmarked not later than the date listed in the associated NAVADMIN addressed to:

NAVY PERSONNEL COMMAND CUSTOMER SERVICE CENTER PRESIDENT
FY-XX ACTIVE/RESERVE E9 ENLISTED SELECTION BOARD #XXX 5640 TICONDEROGA LOOP BLDG 768 RM E302
MILLINGTON TN 38055
(Active = 210 / SELRES = 205 / FTS = 206)

(Use of special handling mail (certified or registered) is not advised due to significant delays in handling.)

- c. Ensure official record reflects any individual augmentation mission (awards, evals, NEC, etc).
- d. Check https://www.public.navy.mil/bupers-npc/boards/activedutyenlisted/Pages/GeneralInformation.aspx to verify that the selection board has received your correspondence (if sent).

NOTE: It is highly recommended that if corrections or updates are made, review your OMPF; or if Deployed, reorder your CD-ROM to confirm changes. (NOTE: Please allow 60 days for changes to take effect)

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Step 3 - After reviewing your service record - such as evaluations, awards, qualifications, etc. - start reviewing what you can do to improve yourself, such as:

- a. Request a Career Development Board (CDB) through your chain of command.
- b. Take a good, hard look at the type of **Collateral Duties** you are assigned. Review your command collateral duties instruction and talk with your COC and / or appear before the CDB. Take the tough command duties that provide the most involvement in the command as a whole and that have direct Sailor support.
- c. Review your current level of education to see how far along you are in earning a **college degree** and pursue **non-resident Navy courses** to expand your level of knowledge. Complete the **Navy e-Learning courses** on **MNP** that are recommended in this document. Check Navy COOL (https://www.cool.osd.mil/usn/) for any related credentials for which you may be qualified.
- d. Check out OTHER Learning Opportunities to add to your service record, such as the CANTRAC Volume I (Training Facilities) and CANTRAC Volume II (Course Descriptions) at https://main.prod.cetars.training.navy.mil/cetars/main.html.

Step 4 - Review qualifications that your rating values or requires for advancement and create a plan to earn these important pieces in the professional growth and advancement puzzle. Read the applicable NAVADMIN for additional dates and information, and review previous selection board precepts.

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QUALIFICATIONS

Report Date	Completion Date (N/A if not required)
	Report Date

^{1 -} Only when assigned to Training Command

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

- 1 2 years upon enrollment, 1 year if requal
- 2 Only if assigned to an NECC or NSW qualifying Command.
- 3 Eligible if attached to a FMF Unit
- 4 Eligible if assigned to CYBERFOR Command

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)
Seabee Embark PQS (NAVEDTRA 43810-A) ¹		
Seabee Combat Warfare for NMCB Specific (NAVEDTRA 43904-1F) ²		
Seabee Combat Warfare (SCW), Unit Specific for PHIBCB (NAVEDTRA 43904-2E) ³		
Seabee Combat Warfare (SCW), Unit Specific for Underwater Construction Team (UCT) (NAVEDTRA 43904-3F) ⁴		
Seabee Combat Warfare (SCW), Common Core (NAVEDTRA 43904-E) ⁵		
Seabee Combat Warfare (SCW) Construction Battalion Maintenance Unit (CBMU) Specific (NAVEDTRA 43904-5D) ⁷		
EXW Unit Specific for Naval Construction Group and Naval Construction Regiment (NAVEDTRA 43465-2) ⁸		

- 1 PQS when assigned as Embark Chief
- 2 Required PQS when enrolled in NMCB SCWS Program
- 3 Required PQS when enrolled in PHIBCB SCWS Program
- 4 Required PQS when enrolled in UCT SCWS Program
- 5 Required PQS for all SCWS Program
- 7 Required PQS when enrolled in CBMU SCWS Program
- 8 Required PQS when enrolled in EXW Program

Notes on Qualifications:

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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Cranes Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
E2	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	_
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)	
0350 - Equipment Operator Series	
4741 - General Equipment Operating	
5703 - Motor Vehicle Operating	
5704 - Fork Lift Operating	
5705 - Tractor Operating	
5716 - Engineering Equipment Operating	
5725 - Crane Operating	
5729 - Drill Rig Operating	
5767 - Airfield Clearing Equipment Operating	
5803 - Heavy Mobile Equipment Mechanic	
5806 - Mobile Equipment Servicing	
5823 - Automotive Mechanic	

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STAY NAVY

REENLIST / EXTEND:		career on Active Duty.			
MyNavy Assignments (N	MNA): M	edical/Dental Screening	:		
Command Recommend	,	Ceremony:			
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TR	505 states: E7 and above	e personnel who seek o process must contact E	opportunities for compor	nent change outs ommunity Manaç	ide of the gers) directly.
RC to RC - Continue y	our Navy career as a	Reservist.			
Submit reenlistment req	uest utilizing NAVRES 1	1160/1 Drilling Reservist	Reenlistment Workshe	et.	
REENLIST / EXTEND:	Request Chit/Form:				
MyNavy Assignments (N	ΛNA):				
Medical/Dental Screening	ng:				
Command Recommend	lation (evaluation):	Bonus:	Ceremony:		
AC/FTS to CIP					
The Career Intermission the Individual Ready Re while providing a means For additional information	serve for a period of one for their seamless retur	e to three years to pursu n to active duty.	e personal or profession	nal obligations or	utside the Navy,
AC/FTS to Secretary of This program provides a immersed in company p to companies including Amazon, FedEx, Northrifor additional information	a venue for exceptional bractices and will be acti VMware, Qualcomm, Ap up Grumman, Space X,	Sailors to experience in vely engaged in projects ople, Incorporation, Boe LinkedIn and USAA.	s and company operations and company operations and company operations. Tesla, Oak Ridge N	ons. Past fellows National Laborato	were assigned ory, GE Digital,
AC/FTS TRANSFER:					
15 Months	12 Months	9 Months	6 Months	Orders Receive	<u> 3d</u>
MNA	MNA	MNA	Accept Orders	Screening	
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate	
Mil to Mil		1	Relocation (FFSC)	Bonus	
Family Care Plan		Medical/Dental			
Continuous Overseas T	ours (COT)				
Overseas Tour Extension	on Incentive Program (O	TEIP)			

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12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan	, ,	Start Eval	, , , ,	
,				
Mil to Mil		Reverse Sponsor		
		In a set in a set /FOC area		
		Incentives/EOS opp	ortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIR	E*:			
18 -12 months	<u>6 months</u>	<u>90 days</u>	<u>30 days</u>	
TAP*	MED/DEN	Copy of Records	Copy of Records	
Complete DD 2648	Relocation	Official Record CD	PSD	
Transition Planning	Relocation Services (FFSC	C) Arrange Ceremony	MED/DEN	
Annual Statement of Servi (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*	
Reserve Only	VA/DVA			
*Upon demobilization, SELRES will need Transition Assistance Program (TAP) and DD-214; DD-214 is not required for Reserve Retirements.				

PHYSICAL FITNESS:

List if any Medical Waiver(s)

Participate in a year-round physical fitness program to meet Navy fitness and BCA standards. Review and verify accuracy of PFA data in PRIMS within 60 days of the PFA cycle. (PRIMS is accessible through your BUPERS Online Account)

Weight If Required (AC **BCA** Height Last 2 PRT Cycles: Forearm Plank Push-ups Run/Swim/Cardio Overall Score List date (if) any PRT/BCA failure(s) over the last 5 years

For more information on Navy Fitness, visit: https://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/physical/Pages/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (SCPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Con	npleted (Navy College Of	fice/NCVEC)			
Current Education L	evel				
Degree Goal					
	** Various degree or	otions are available in	the Advanced Educ	cation section. **	
Goal: Date: AA/AS (Credits to earn a de	BA/BS egree - AA/AS: 60 SH/90	Master QH, BA/BS: 120 SH/	180, QH, Master /D	octorate: Variable based on pi	ogram)
Number of current c	redits Ame	erican Council on Edu	cation (ACE) recon	nmended credits	
Joint Service Transc	cripts (JST)				
HS Transcripts	College Trans	cripts			
Date Degree Obtain	ned: AA/AS	BA/BS	Master	Doctorate	
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil					
VOLUNTARY EDUCATION: Links to study guides, exam preparations, and practice tests are located on the DANTES website https://www.dantes.doded.mil/					
NCPACE	CLEP	DSST	TA		
MGIB	MGIB-SR	Post 9/11 GIB	AEV		

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SCPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Senior Enlisted Academy ⁴	Newport RI	P-920-1300	3 weeks (DL)/3 weeks (F2F)	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	livery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

SCPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Seabee Combat Handbook, Volume 1 ¹	Navy e-Learning	NAVEDTRA-14234B-SCH-V1		
Seabee Combat Handbook, Volume 2 ¹	Navy e-Learning	NAVEDTRA-14235B-SCH-V2		
Naval Construction Force/Seabee 1 & C ¹	Navy e-Learning	NRTC-NAVEDTRA-14233A-NCF-S1C		
Naval Safety Supervisor ¹	MNP/PQS/NRTC	NAVEDTRA 14167F		

^{1 -} Mandatory when assigned to SCWS qualifying Unit

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} NAVADMIN 266/14 As of FY 2017, all newly selected AC and SELRES SCPOs will be required to complete SEA to be eligible for advancement.

SCPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	Navy e-Learning	JKDDC-SNCO-2	60 hrs	
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
CMDCM/COB Leadership Course (Must have FLTCM or FORCM recommendation)	Navy e- Learning/Classroom (Newport, RI)	CPPD/NETC CMDCM-9580 COB-9579		
Navy Reserve Fundamentals for Active Duty Course	Navy e-Learning	NAVRESFOR-NRF-2.0 / US DoN	10 hrs	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

^{1 -} Verify GMT topics on MyNavy Portal GMT webpage

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

SCPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

SCPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
CENSECFOR Operator Training – M-16A3/M4A1	Navy e-Learning	CSF-M16A3/M4A1-10-3.0		
CENSECFOR Operator Training - M500 Service Shotgun	Navy e-Learning	CSF-M500-10-3.0		
CENSECFOR Operator Training – M9 Service Pistol	Navy e-Learning	CSF-M9-10-3.0		

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.				
Foundational	Advanced	Capstone		
Ghost Fleet – Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek		
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck		
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek		
Six Frigates – Toll	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes		

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.			
Foundational	Advanced	Capstone	
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov	
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs	
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte	
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly	
The Next 100 Years - Friedman			

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.				
Foundational	Advanced	Capstone		
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski		
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell		
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien		
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes		

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.				
Foundational	Advanced	Capstone		
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello		
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro		
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks		
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire		
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander		
	Start with Why - Sinek			

MCPON's Suggested Reading

	<u> </u>				
Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.					
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.					
A Call to Conscience - Carson, Shepard, Young	Happiness Advantage - Achor	Starship Troopers - Heinlein			
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell			
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker			
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester			
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell			
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood			
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth			

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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SCPO RECOMMENDED COMMUNITY READING

Title	Completed
The Seabees and Your Sons by William Lewis	
From Omaha to Okinawa: The Story of the Seabees by William Bradford Huie	
Seabees at Port Hueneme by Gina Nichols	
Seabees at Gulfport by Gina Nichols	
The Seabees Speak – Interviews with the Can Do veterans of Word War II by Sharon Tolisano	
CAN DO The Story of the Seabees by William Bradford Huie	
Construction Battalion Battle Skills Guide, Books 1 -4	
Safety and Health Regulations for Construction 29CFR Part 1926	
Safety and Health Regulations for General Industry 29CFR Part 1910	
FM 3-22.68, Crew Served Machine Guns	
The King Bee, A Biography of Admiral Ben Moreell founder of the U.S. Navy Seabees by Capt. A.N. Olsen CEC, USN (ret)	
US Navy Seabees: Since Pearl Harbor by Jay Kimmel	
Davisville and the Seabees (Images of America: Rhode Island) by Gloria A. Emma & Walter K. Schroder	
Seabee Magazine (Quarterly)	

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NAME:

SKILL TRAINING

(Schools, courses and assignments directly related to occupation)

REQUIRED SKILL TRAINING

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Expeditionary Combat Skills (ECS) (804G) ^{1 2}	CSFE - NCTC Gulfport, MS	A-830-0030	26 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 ECS is required for all personnel reporting to Naval Expeditionary Combat Commands (required once in a career)

RECOMMENDED SKILL TRAINING

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
Seabee Senior Chief / Master Chief Petty Officer Management ¹	PH, CA & GP, MS	A-710-0016	5 days	
Naval Construction Force Operations Advanced & Staff Planning (MCPP) ¹	PH, CA & GP, MS	A-4A-1111 / A-4A-0133	12 days / 5 days	
Prospective Operations and Training Staff Course ^{1 2}	CECOS	A-4A-0039	5 days	
Contingency Engineering Seminar ¹	PH, CA	A-4A-0053	5 days	
Naval Construction Force Prospective Command Element ¹	Little Creek, VA	A-4A-0030	14 days	
Tactical Mobile Watch Officer Course ¹	Jacksonville, FL	C-2G-0367	5 days	

- 1 Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.
- 2 Recommended for senior enlisted assigned S-3C and S-7C duties and responsibilities

NAVY ENLISTED CLASSIFICATION CODE (NEC) OPPORTUNITIES

Course Title	Course Location	CIN/CSE/ACE ID	Course Length	Date Completed
811A - 3-M Systems Coordinator/Inspector ¹	Norfolk, VA / San Diego, CA	J-500-0029	2 weeks	
8CMC - Command Master Chief (CMC)/Chief of the Boat (COB) ¹	Newport, RI	A-570-4500	12 days	
805A - Navy Instructor Training Course (NITC) ¹	Various Locations	A-012-0077	19 days	

^{1 -} Reserve opportunities may exist, contact Reserve Forces Code N7 for authorization.

JOB DESCRIPTION

Equipment Operators perform tasks involving deployment and operation of automotive, materials handling, weight handling, and construction equipment; direct and coordinate efforts of individuals and crews in execution of construction, earth moving, road-building, quarrying, water well, asphalt batching and paving, concrete batch plant operations, concrete paving, and transit mixer operation assignments; maintain records and reports on mobile and stationary equipment, and organize and supervise automotive and construction equipment pools. As project managers, they plan, staff, direct, and control multiple construction projects to include problem solving, planning, estimating, scheduling, cost control and personnel management ensuring compliance with specifications, code requirements, plans, and contracts; and act as project supervisors and trainers for junior personnel.

RECOMMENDED BILLET ASSIGNMENTS

A sample career path from EOCR to CBCM/FORCM is shown in the EO Career Path. This Career path shows an average advancement timeline as well as billet opportunities in a typical Sea Shore flow. This Career path coupled with your LaDR is designed to guide you in achieving your professional and personal goals. It is highly recommended you review and update your Roadmap regularly to ensure your career stays on course.

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PERSONAL AND PROFESSIONAL DEVELOPMENT (Completed at reporting 60 day Career Development Board)

Command Address				QD Pho			
Communa / Idar coo				Numbe	r:		
Mobilization UIC:							
Naval Reserve Activity:							
Commanding Officer:				Phone	Number:		
Executive Officer:				Phone	Number:		
Command Master Chief	:			Phone	Number:		
Department Head:				Phone	Number:		
Division Officer:				Phone	Number:		
Leading Chief Petty Office	cer:			Phone	Number:		
Sponsor/Mentor:				Phone	Number:		
Depart/Division Career Counselor:				Phone	Number:		
Date of Initial Entry to Mi	ilitary Service (DIEM	S):	Date of Initial	Entry Re	serve Forces	(DIERF):	
Pay Entry Base Date (P	EBD):						
ADSD: Rep	ort Date:	EAOS/EOS:	PRD:		SEA / SHOP	RE: /	
HYT Date:	Security Clearance	e Level:	Date Last up	odated:			
Command INDOC comp	•		2 4.0 240. 4				
	e OPNAVINST 104 Convening/Discussion		er Counselor Ha	ndbook N			
Reporting (within 60 day	s for active duty or f	our drill weekends	for SELRES) (Da	ate Condu	ucted):		
24 Month:	48 Month:	60 Month:					
Family Care Plan:	Mil to Mil:						
Sailor 360:	Special Program	: N	lember Request:				
HYT 24 months (Date):	HYT	Waiver Date:	□А	pprove	☐ Disapprov	ve	
Transfer:	Separation:	Fleet Res	erve Retirement	Options:			
Physical Fitness Test Fa	ilure:	Career Status Bo	nus (election me	essage re	ceived):		
Overseas Tour Extension Incentives Program (OTEIP):							
Enlisted to Officer Cor						T 1420.1(series):	
Commissioning Programs Applications: (prior to submission, command endorsement): Medical Enlisted Commissioning Program (MECP): Medical Service Corps In-service Procurement:							
	,	,		•		rement:	
Officer Candidate School:	LIMI	ted Duty Officer:	Chi	ef Warrant	Officer.		

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QUALIFICATIONS

Sea/Shore General Qualifications Watch Standing Qualifications	Report Date	Completion Date (N/A if not required)
3M 301 Maintenance Person		
3M 302 Repair Parts/Supply Petty Officer		
3M 303 Work Center Supervisor		
3M 304 LCPO/Division Officer		
3M 305 Department Head		
3M 306 PQS		
Master Training Specialist (MTS) ¹		

^{1 -} Only when assigned to Training Command

Mandatory warfare qualification for enlisted Sailors assigned to designated warfare qualifying commands:

Warfare qualification programs	Report Date	Completion Date (N/A if not required)
Seabee Combat Warfare Specialist ¹		
Expeditionary Warfare Specialist ²		
Fleet Marine Force Warfare Specialist ³		
Enlisted Information Warfare Specialist (EIWS) ⁴		

- 1 1 year to requal
- 2 Only if assigned to an NECC or NSW qualifying Command.
- 3 Eligible if attached to a FMF Unit 4 Eligible if assigned to CYBERFOR Command

Rate Specific/Department Qualifications (Add)	Report Date	Completion Date (N/A if not required)

Notes on	Qualifications:
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CREDENTIALING

Navy Credentialing Opportunities On-Line (Navy COOL): Navy COOL assists Sailors (active & reserve) by funding the certification & licensing exams that map their Navy education, training, experience, and competencies to industry/civilian-recognized credentials and occupational equivalents. Sailors may obtain funding for credential examinations, renewals, maintenance fees, and other mandatory examination administrative fees.

The following certifications and licenses are applicable to the EO-Equipment Operator rating. *They may require additional education, training or experience.*

For more information about these credentials, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	Board of Certified Safety Professionals (BCSP)	Construction Health and Safety Technician (CHST)	
E7	Construction Manager Certification Institute (CMCI)	Certified Construction Manager (CCM)	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Center for Construction Education and Research (NCCER)	Crawler Mount Crane, Telescopic Boom	
E4	National Center for Construction Education and Research (NCCER)	Industrial/All Purpose Crane	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rough Terrain/All Terrain Crane, Single Control Station, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, All Terrain	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane Boom Truck- Telescopic Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Fixed Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Boom Truck- Articulating Boom, Rotating Controls	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Friction Machinery	
E4	National Center for Construction Education and Research (NCCER)	Rubber Tire Truck Mount Crane, Lattice Boom, Hydraulic Machinery	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Boom Truck Fixed Cab Operator	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Crawler Cranes (LBC)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Lattice Boom Truck Crane (LBT)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Mobile Crane Operator - Telescopic Boom Crane Fixed Cab (TSS)	
E2	National Commission for the Certification of Crane Operators (NCCCO)	Swing Cab (TLL)	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level I	
E5	National Commission for the Certification of Crane Operators (NCCCO)	Rigger Level II	
E4	National Commission for the Certification of Crane Operators (NCCCO)	Service Truck Crane Operator	

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Target Paygrade	Certifying Agency	Credential Title	Date Completed
E5	National Commission for the Certification of Crane Operators (NCCCO)	Signalperson	
E5	National Ground Water Association (NGWA)	Certified Pump Installer (CPI)	
E5	National Ground Water Association (NGWA)	Certified Well Driller (CWD)	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Construction Materials Testing: Asphalt - Level II	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level I	
E4	National Institute for Certification in Engineering Technologies (NICET)	Transportation: Highway Construction Inspection - Level II	
E5	Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
E6	Project Management Institute (PMI)	Project Management Professional (PMP)	
E2	United States Department of Transportation, Federal Motor Carrier Safety Administration (FMCSA)	Commercial Driver's License (CDL)	

Out of Rate Certifications and Licensure

Academic Degrees – You are now eligible for credentials towards an earned academic degree.

Cross-Rated Sailors - If you have cross-rated, you now are eligible for credentials related to your prior rating.

Off-Duty or Command-Sponsored Training – You are now eligible for credentials for documented training that fully prepares you for a credential.

Navy Reservists – You may now be eliqible for funding of credentials related to your civilian occupation.

Prior Other-Service Enlisted Occupation - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials related to prior other-Service (Army, Air Force, Marine Corps, Coast Guard) enlisted occupation.

Collateral Duty/Out of Rate Assignments - Credentials are also available in these collateral duties/out of rate assignments in which you are serving in or have served in.

Credentials Earned & Maintained Prior to Joining the Navy - If you are Navy enlisted (Active or Reserve), you may now be eligible for funding for credentials that were earned, and maintained, prior to your enlistment in the Navy. The certification or license must have relevance to the needs of the Navy, and must appear on Navy COOL, although it does not need to show the Navy Bucks icon to be funded.

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^{*} See the Additional Funding Opportunities section on any rating page on Navy COOL for further details.

Leader Credentialing: The following certifications and licenses are applicable to enlisted Leaders (E4 and above). *They may require additional education, training or experience.*

Certifying Agency	Credential Title	Date Completed
American Society for Quality (ASQ)	Certified Manager of Quality/Organizational Excellence (CMQ/OE)	
American Society for Quality (ASQ)	Certified Quality Engineer (CQE)	
American Society for Quality (ASQ)	Certified Reliability Engineer (CRE)	
American Society for Quality (ASQ)	Master Black Belt Certification (MBB)	
American Society for Quality (ASQ)	Quality Auditor Certification (CQA)	
American Society for Quality (ASQ)	Six Sigma Black Belt (CSSBB)	
Computing Technology Industry Association (CompTIA)	CompTIA Project+	
Institute of Certified Professional Managers (ICPM)	Certified Manager (CM)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Black Belt (ICBB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Green Belt (ICGB)	
International Association for Six Sigma Certification (IASSC)	Certified Lean Six Sigma Yellow Belt (ICYB)	
Project Management Institute (PMI)	Certified Associate in Project Management (CAPM)	
Project Management Institute (PMI)	PMI Agile Certified Practitioner (PMI-ACP)	
Project Management Institute (PMI)	PMI Professional in Business Analysis (PMI-PBA)	
Project Management Institute (PMI)	PMI Scheduling Professional (PMI-SP)	
Project Management Institute (PMI)	Portfolio Management Professional (PfMP)	
Project Management Institute (PMI)	Program Management Professional (PgMP)	
Project Management Institute (PMI)	Project Management Professional (PMP)	
Resilience-Building Leader Program	Resilience-Building Leadership Professional (RBLP)	

United Services Military Apprenticeship Program (USMAP): USMAP is available to most active duty occupations and is certified by the U.S. Department of Labor. This is the largest apprenticeship program operating in the U.S. and is recognized by all 50 states. Completion of one of these programs would qualify you as a journeyman, which could mean a significantly higher starting salary in the civilian work force. Most programs require 5-8 years to complete but are transferable if you decide to leave the service prior to completion. USMAP opportunities also exist for SELRES with orders over 12 months.

The following USMAP apprenticeships are applicable to the EO-Equipment Operator rating.

For more information about these apprenticeships, visit USMAP at https://usmap.netc.navy.mil/.

Rank	Apprenticeship	Date Completed
E1 - E9	Computer Operator	
	Counselor (Professional & Kindred)	
	Operating Engineer (Construction)	
	Rigger	
	Truck Driver, Heavy	

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POST MILITARY OCCUPATIONS

The following post military occupations are similar to the EO-Equipment Operator Rating. For more information about these occupations, visit NAVY COOL at https://www.cool.osd.mil/usn/.

Occupation (Civilian Employer)
Construction Managers
Crane and Tower Operators
Earth Drillers, Except Oil and Gas
Excavating and Loading Machine and Dragline Operators, Surface Mining
First-Line Supervisors of Construction Trades and Extraction Workers
First-Line Supervisors of Helpers, Laborers, and Material Movers, Hand
First-Line Supervisors of Material-Moving Machine and Vehicle Operators
First-Line Supervisors of Production and Operating Workers
Heavy and Tractor-Trailer Truck Drivers
Industrial Truck and Tractor Operators
Light Truck Drivers
Operating Engineers and Other Construction Equipment Operators
Paving, Surfacing, and Tamping Equipment Operators

Occupation (Federal Employer)	
0350 - Equipment Operator Series	
4741 - General Equipment Operating	
5703 - Motor Vehicle Operating	
5704 - Fork Lift Operating	
5705 - Tractor Operating	
5716 - Engineering Equipment Operating	
5725 - Crane Operating	
5729 - Drill Rig Operating	
5767 - Airfield Clearing Equipment Operating	
5803 - Heavy Mobile Equipment Mechanic	
5806 - Mobile Equipment Servicing	
5823 - Automotive Mechanic	

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STAY NAVY

AC to AC and FTS to I	FTS - Continue Navy o	career on Active Duty.	1		
REENLIST / EXTEND: I	Request Chit/Form:				
MyNavy Assignments (N	MNA):	ledical/Dental Screening	g :		
Command Recommend	lation (evaluation):	Bonus:	Ceremony:		
RC to AC/FTS MILPERSMAN 1306-15 established C-WAY-TR/	605 states: E7 and abov ANS module application	ve personnel who seek on process must contact E	opportunities for compo BUPERS-32 (Enlisted C	nent change outs community Manaç	ide of the gers) directly.
RC to RC - Continue y Submit reenlistment req REENLIST / EXTEND: I	uest utilizing NAVRES		t Reenlistment Worksho	et.	
MyNavy Assignments (N					
Medical/Dental Screening	,				
Command Recommend	lation (evaluation):	Bonus:	Ceremony:		
AC/FTS to CIP					
The Career Intermission the Individual Ready Re while providing a means For additional information AC/FTS to Secretary Career This program provides a immersed in company put to companies including Amazon, FedEx, Northra For additional information	serve for a period of one for their seamless return, go to: https://www.pub. of the Navy Tours with a venue for exceptional practices and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services and will be actived by Grumman, Space X, and services are services and services and services and services are services and services and services are services are services and services are services are services are services and services are services are services are services and services are	e to three years to pursum to active duty. ublic.navy.mil/bupers-np Industry Sailors to experience in ively engaged in project pple, Incorporation, Boe LinkedIn and USAA.	ue personal or profession c/career/reservepersonrumovative business practs and company operation, Tesla, Oak Ridge N	nal obligations on nelmgmt/IRR/Pag tices. Navy fellow ons. Past fellows National Laborato	utside the Navy, es/CIP.aspx. s are fully were assigned ry, GE Digital,
AC/FTS TRANSFER:					
15 Months	12 Months	9 Months	6 Months	Orders Receive	<u>ed</u>
MNA	MNA	MNA	Accept Orders	Screening	
Exception Family Member	Exception Family Member	Eval	Reverse Sponsor	Obligate	
Mil to Mil		1	Relocation (FFSC)	Bonus	
Family Care Plan			Medical/Dental		
Continuous Overseas T	ours (COT)		1		
Overseas Tour Extension	on Incentive Program (C	OTEIP)			

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J	_	_	\mathbf{r}	_	J				٩.	v	o	_	_	\mathbf{r}	

12 Months	9 Months	6 Months	3 Months	Orders Received
MNA	MNA	MNA	MNA	Sign Eval
(verify account access)	(extend in current field)	(apply for billets)	(apply for billets)	
Family Care Plan		Start Eval		
Mil to Mil		Reverse Sponsor		
		Incentives/EOS opp	oortunities	

For additional assistance in transfer and relocation, go to the Military OneSource website: https://www.militaryonesource.mil/ and visit your Fleet and Family Support Center on base.

SEPARATING/RETIRE*:			
18 -12 months	<u>6 months</u>	90 days	30 days
TAP*	MED/DEN	Copy of Records	Copy of Records
Complete DD 2648	Relocation	Official Record CD	PSD
Transition Planning	Relocation Services (FFSC)	Arrange Ceremony	MED/DEN
Annual Statement of Service History (ASOSH)	Reserve Affiliation	Request Leave / PTDY	DD 214*
Reserve Only	VA/DVA		
*Upon demobilization, SELRES Reserve Retirements.	will need Transition Assistance	Program (TAP) and DD-214;	DD-214 is not required for

PHYSICAL FITNESS:

Participate in a year-round physical fitness program to meet Navy fitness and BCA standards. Review and verify accuracy of PFA data in PRIMS within 60 days of the PFA cycle. (PRIMS is accessible through your BUPERS Online Account)

Weight If Required (AC **BCA** Height Last 2 PRT Cycles: Forearm Plank Push-ups Run/Swim/Cardio Overall Score List date (if) any PRT/BCA failure(s) over the last 5 years List if any Medical Waiver(s)

For more information on Navy Fitness, visit: https://www.public.navy.mil/bupers-npc/support/21st_Century_Sailor/physical/Pages/default2.aspx

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PROFESSIONAL MILITARY EDUCATION (MCPO)

(Resident and non-resident coursework designed to enhance a Sailor's general military professional knowledge and abilities)

EDUCATION: (Prior to considering any pursuit of off duty education or program enrollment call the Navy College Virtual Education Center (NCVEC) 877-838-1659 or Visit your overseas Navy College Office.)

Education Plan Com	pleted (Navy College Of	fice/NCVEC)			
Current Education Le	evel				
Degree Goal					
	** Various degree o	otions are available in	the Advanced Educa	tion section. **	
Goal: Date: AA/AS (Credits to earn a de	BA/BS egree - AA/AS: 60 SH/90	Master QH, BA/BS: 120 SH/1	80, QH, Master /Doo	ctorate: Variable base	d on program)
Number of current cr	redits Am	erican Council on Edu	cation (ACE) recomn	nended credits	
Joint Service Transc	ripts (JST)				
HS Transcripts	College Trans	cripts			
Date Degree Obtain	ed: AA/AS	BA/BS	Master	Doctorate	
For entry into JST, have your College/University send official transcripts to: Naval Education and Training Command N644 JST Operation Center 6490 Saufley Field Road Pensacola, FL 32509 Email: JST@DODED.mil					
VOL	UNTARY EDUCATION: are located on th	Links to study guide ne DANTES website	es, exam preparatio https://www.dantes	ns, and practice tes .doded.mil/	ts
NCPACE	CLEP	DSST	TA		
MGIB	MGIB-SR	Post 9/11 GIB	AEV		

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MCPO REQUIRED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Joint Professional Military Education (JPME)	War College	Military DON / PME	40 hrs	
Senior Enlisted Academy ⁴	Newport RI	P-920-1300	3 weeks (DL) / 3 weeks (F2F)	
Ethics Training	Command Delivered			
Required General Military Training Topics For FY 2021 (De	ivery determined by	command discretion) ¹		
Sexual Assault Prevention and Response Awareness (SAPR) ³	Command Delivered	CPPD-GMT-SAPRA-1.0		
Cyber Awareness Challenge	MNP	DOD-IAA-V16.0		
Counterintelligence Awareness and Reporting	Command Delivered/ MNP	DOD-CIAR-1.0		
Records Management	Command Delivered/MNP	DOR-RM-010-1.2		
Privacy Act	Command Delivered			
Suicide Prevention ³	Command Delivered	CPPD-GMT-SAP-1.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		

^{1 -} Verify GMT topics on the My Navy Portal (MNP) GMT webpage

MCPO REQUIRED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

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^{2 -} Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of time-in-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

^{3 -} The recommended method of delivery for SAPR and Suicide Prevention annual training is via face-to-face, small group facilitated discussions.

^{4 -} Course remains a requirement to become a Command Master Chief/Chief of the Boat.

MCPO RECOMMENDED NAVY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
ADAMS for Leaders	Various	S-501-0130	8 hrs	
Primary Enlisted Professional Military Education (PEPME)	Navy e-Learning	Military DON/ PME	60 hrs	
Block 1 Primary EPME - Introduction	Navy e-Learning	NWC-PPME-SENL-B1		
Block 2 Primary EPME - The Culture of the Navy	Navy e-Learning	NWC-PPME-SENL-B2		
Block 3 Primary EPME - Governance of the Navy	Navy e-Learning	NWC-PPME-SENL-B3		
Block 4 Primary EPME - How the Navy Thinks About War	Navy e-Learning	NWC-PPME-SENL-B4		
Block 5 Primary EPME - How the Navy Plans its Operations	Navy e-Learning	NWC-PPME-SENL-B5		
Block 6 Primary EPME - Technology in the Maritime Domain	Navy e-Learning	NWC-PPME-SENL-B6		
Block 7 Primary EPME - PME Conclusion	Navy e-Learning	NWC-PPME-SENL-B7		
Joint Professional Military Education (JPME)	Navy e-Learning	JKDDC-SNCO-2	60 hrs	
Senior Enlisted Leadership Development Guide	Navy e-Learning			
CMDCM/COB Leadership Course (Must have fleet recommendation)	MNP/Classroom (Newport, RI)	CPPD/NETC CMDCM-9580 COB-9579		
Demonstrating Ethical Leadership	Navy e-Learning	NCSC-ILC-01-0004		
Culture	Navy e-Learning	Foreign Language and Culture	45 hrs	
Selection Board Members and Recorders ⁴	TWMS		1 hour	
Recommended General Military Training Topics For FY 20	21 (Delivery determin	ed by command discretion) 1		
Alcohol, Drug, and Tobacco Awareness	Command Delivered	CPPD-GMT-ADTA-1.0		
Combating Trafficking of Persons General Awareness	Command Delivered/ MNP	DOD-CTIP-3.0		
Domestic Violence Prevention and Reporting	Command Delivered	CPPD-GMT-DV-1.1		
Electromagnetic Maneuver Warfare	Command Delivered/ MNP	NAVIFOR-FEWC-EMW-01.01		
Energy Policy	Command Delivered	OPNAV-GMTE-1.0		
Equal Opportunity, Harassment, and Resolution Options	Command Delivered	CPPD-GMT-EOSH-1.0		
Hazing Policy and Prevention	Command Delivered	CPPD-GMT-HPP-1.0		
Operational Risk Management (ORM)	Command Delivered	CPPD-GMT-ORMTC-1.0		
Operations Security	Command Delivered/ MNP	NOST-USOPSEC-3.0		
Personal Financial Management	Command Delivered	CPPD-GMT-PFM-1.0		
Sexual Health and Responsibility	Command Delivered	CPPD-GMT-SHR-1.0		
Stress Management	Command Delivered	CPPD-GMT-SM-1.0		
Traumatic Brain Injury	Command Delivered			
Privacy Act	Command Delivered	DON-PRIV-2.0		
Antiterrorism Level I ²	Command Delivered/ MNP	CENSECFOR-AT-010-1.0		
Tactical Combat Casualty Care All Service Member/Tier 1	Command Delivered	B-300-2010		
Financial Management ³	Command Delivered			

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^{1 -} Verify GMT topics on MyNavy Portal GMT webpage
2 - Personnel with less than 3 years of time-in-service must also complete Antiterrorism Level 1 training. For personnel with greater than 3 years of timein-service, Antiterrorism Level 1 periodicity is now a triennial requirement and will be mandated for all hands in FY-22.

3 - Does not have a mandatory periodicity but is required at career touch points per CNO WASHINGTON DC/191539ZJUL16.

^{4 -} Required for selection board members and recorders

Courses with Recommended Reserve Points:

Commander Navy Reserve Forces (CNRF) N7 determines the number of reserve points awarded for completion of a course taken on Navy e-Learning. This listing should only be used as a guide and is subject to change by direction of CNFR N7.

Navy e-Learning has no control over how many, if any, reserve points are eventually awarded for the completion of a course. All questions concerning the award of reserve points should be directed to CNFR N7.

MCPO RECOMMENDED RESERVE PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
Navy Reserve Unit Management (E7-E9)	NRPDC New Orleans	R-7A-0031	5 days	
Reserve Senior Enlisted Management (E7-E9)	NRPDC New Orleans	R-551-0001	12 days	
Navy Reserve Fundamentals Course (E1-E9)	Navy e-Learning	NAVRESFOR-NRF-3.0		
Navy Reserve Order Writing System/Reserve Defense Travel System (E1-E9)	NRPDC New Orleans	R-510-5514	5 days	
Reserve Medical Administration (E1-E7)	NRPDC New Orleans	R-500-0007	5 days	
Reserve Pay and Personnel Management (E1-E9)	NRPDC New Orleans	R-500-0020	5 days	
Reserve Supply and Fiscal Support NEC S05A (E5-E7)	NRPDC New Orleans	R-551-0010	12 days	
Reserve Career Information (E5-E8)	NRPDC New Orleans	R-501-0005	12 days	
Naval Reserve Center Commanding Officer (E7-E9)	Navy e-Learning	CNRFC-COOIC-1.0 /DoN	8 hrs	
Guidance for Mobilization	Navy e-Learning	CNRFC-GMB-1.1 /DoN	4 hrs	
Military Sealift Command 101	Navy e-Learning	CNRFC-MSC101 /DoN 1.1	24 hrs	

For more details or to check for updates please check CANTRAC or the NRPDC Sharepoint page (CAC required): https://private.navyreserve.navy.mil/NRPDC/Pages/NRH_Default.aspx

MCPO RECOMMENDED COMMUNITY PME:

Course Title	Course Location	CIN/CSE ID	Course Length	Date Completed
None				

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NAVY PROFESSIONAL READING PROGRAM (PRP)

The purpose of the Chief of Naval Operations Professional Reading Program (CNO PRP), maintained by CNO PRP program managers at the U.S. Naval War College, is to facilitate the professional and personal development of all Sailors. For additional information on the CNO PRP visit https://www.navy.mil/CNO-Professional-Reading-Program/

READINESS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Readiness/ for more information.					
Foundational	Advanced	Capstone			
Ghost Fleet - Singer	Matterhorn - Marlantes	Leaders Eat Last - Sinek			
Guide to Maritime Strategy – Holmes	Red Star Over the Pacific - Holmes & Yoshihara	Mindset: Psych of Success - Dweck			
Neptune's Inferno - Hornfischer	Seapower: Guide for 21st Century - Till	The Infinite Game - Sinek			
Six Frigates – <i>Toll</i>	The Leader's Bookshelf - Stavridis	What is it Like to go to War - Marlantes			

CAPABILITIES

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capabilities/ for more information.				
Foundational	Advanced	Capstone		
Al Basics - Taulli	Fifth Domain: Cyber - Clarke	Deep Thinking: AI - Kasparov		
Army of None - Scharre	Human Compatible - Russell	Four Global Forces - Dobbs		
Burn-In - Singer	New Rules of War - McFate	Genius Weapons - DelMonte		
The Future of War - Freedman	The Perfect Weapon - Sanger	Inevitable - Kelly		
The Next 100 Years - Friedman				

CAPACITY

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Capacity/ for more information.					
Foundational	Advanced	Capstone			
Fearless-SEAL Team Six - Blehm	American Naval Thinking - Haynes	End of Grand Strategy - Dombrowski			
One Nation Under Drones - Jackson	Fleet Tactics - Hughes	Our Robots Our Selves - Mindell			
The Fleet at Flood Tide - Hornfischer	Just and Un-Just Wars - Walzer	Second Most Powerful Man - O'Brien			
Tin Can Sailors - Hornfischer	Seapower - Stavridis	The Future of Violence - Wittes			

SAILORS

Visit https://www.navy.mil/CNO-Professional-Reading-Program/Sailors/ for more information.							
Foundational	Advanced	Capstone					
Dichotomy of Leadership - Willink	A Tactical Ethic - Couch	Fortune Favors Boldness - Costello					
Ego is the Enemy - Holiday	Character Gap - Miller	No Pity - Shapiro					
How to be an Anti-Racist - Kendi	Fed Up - Hartley	Road to Character - Brooks					
Tiny Habits - Fogg	Military Ethics - Lucas	The Honest Truth about Dishonesty - Aire					
We Can't Talk About That at Work - Winters	Sexual Minorities and Politics - Pierceson	The New Jim Crow - Alexander					
	Start with Why - Sinek						

MCPON's Suggested Reading

Visit https://www.navy.mil/CNO-Professional-Reading-Program/MCPON-Suggested-Reading/ for more information.								
Master Chief Petty Officer of the Navy (MCPON) Russell Smith identified these 21 additional books as suggested reading.								
A Call to Conscience - Carson, Shepard, Young Happiness Advantage - Achor Starship Troopers - Heinlein								
Blink: Power of Thinking - Gladwell	Jonathan L. Seagull - Bach	Team of Teams - McChrystal, Collins, Silverman, Fussell						
Brave New World - Huxley	Only Women in the Room - Benedict	The Captain Class - Walker						
Cannonball! - Yates	Overcome - Redman	The Good Shepherd - Forester						
Class 11 - Waters	Perform Under Pressure - Evans	The Old Man's Trail - Campbell						
Descent Into Darkness - Raymer	Run Silent, Run Deep - Beach	Tragedy at Honda Point - Lockwood						
Duty: A Memoir - Gates	Shoot the Women First - MacDonald	We Die Alone - Howarth						

Nearly 200 years ago, the Navy ordered its ships be outfitted with a reading list of 37 books in order to help train and educate Sailors. The Navy's leaders knew then what is still the case today: to outthink our competitors we must study and apply lessons we've learned from our past. Furthermore, it is critically important for our Navy to be a learning organization. And one of the very best ways to do that is to foster an environment where every Sailor deepens their level of understanding and learning.

That is why we launched an updated Chief of Naval Operations Professional Reading Program (CNO-PRP) reading list, with a motto of "Read Well to Lead Well."

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MCPO RECOMMENDED COMMUNITY READING

Title	Completed
None	

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ALL PAYGRADES VOLUNTARY EDUCATION







Note: Prior to considering any pursuit of off duty education or program enrollment contact the Navy College Virtual Education Center (NCVEC) or visit your Overseas Navy College Office.

You must complete the Tuition Assistance Training before your first course will be approved.

Complete the online courses at the Navy College Website: http://www.navycollege.navy.mil/

How do I get started?

You already have. All your training up to this point is part of your Equipment Operator Roadmap. Now that you have made the first steps you will need to sit down and formulate a plan. This plan will work best if you start out discussing your options with your Leading Chief Petty Officer, Leading Petty Officer, Mentor, or Career Counselor. They will help you understand all of the basics. Then your next step is to contact the Navy College Virtual Education Center or visit your Overseas Navy College Office. Then your counselors will be able to help you formalize your plan and make sure that it makes sense for both you and the Navy. To aid you in your conversation with these professionals, here are a few questions that you may want to ask.

What credits do you have? What non-college courses have you taken? Where do you want to go? What field of study, or what kind of degree? What program will help me get there: Traditional or Online? What are my next steps: Transfer credits, take exams, have experience evaluated, or sign up for new courses?

RECOMMENDED OCCUPATIONAL-RELATED ASSOCIATE'S DEGREE FOR EO

Recommended Associates' degrees for the Constructionman

RECOMMENDED OCCUPATIONAL-RELATED BACCALAUREATE/MASTERS DEGREE FOR EO

Recommended Bachelors/Masters degrees for the Constructionman					
Business Administration					
Mechanical and Electrical Technology / Engineering					
Civil Engineering					
Quality Control and Safety					
Construction Technology					
General and Liberal Studies					
Management					

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GENERAL INFORMATION ON VOLUNTARY EDUCATION

The Navy College Program & Web Page:

The Navy College Program (NCP) provides opportunities to Sailors to earn college degrees by providing academic credit for Navy training, work experience, and off-duty education. The NCP mission is to enable Sailors to obtain a college degree while on active duty. In support of the four R's - Recruiting, Readiness, Retention, and Respect - the NCP signifies Navy's commitment to education by improving enlistment appeal; demonstrating Navy service and achieving a college degree are compatible; helping Sailors apply themselves to new situations and challenges and better preparing them for advancement; building up Sailors' self-image; and producing higher quality Sailors.

• More information is available online at: https://www.navycollege.navy.mil

Tuition Assistance (TA):

NAVADMIN 114/19 limit changes as of 1 October 2019: TA provides funds for eligible active-duty personnel to attend approved educational institutions on an off-duty basis to earn a high school diploma, vocational/technical certificate, or college degree. TA pays for tuition. TA will pay for the following amount per career: 120 semester hours, or 180-quarter hours or 1800 clock hours or a combination of semester, quarter and clock hours. TA will pay the following amounts per fiscal year: 12 semester hours, not to exceed \$250/credit for semester hours or 18-quarter hours not-to-exceed \$16.67/clock hours or a combination of semester, quarter and clock hours.

• More information is available online at: https://www.navycollege.navy.mil

Joint Service Transcripts (JST)

JSTs are official military transcripts which are used by colleges to validate your actual credited training. Every Sailor has a transcript already and access to it is free.

More information is available online at: https://jst.doded.mil/

The American Council on Education (ACE)

ACE has reviewed every course listed in the OCCUPATIONAL Roadmap and determined what type of collegiate level credit is recommended. The ACE identifier, listed with each course, is a source to validate the information and to check for changes as they occur.

• Updates can be found at http://www.acenet.edu/news-room/Pages/Military-Guide-Online.aspx.

Vocational Certificates

Vocational Certificates are available from most community colleges. Most of your military training can be counted toward their degree programs, but they will still require residency credits and approximately 40-75 credit hours. These certificates can be as valuable as the apprenticeship program in the civilian work force.

College credits by Testing CLEP, DSST

Testing can replace the requirement to attend most of the college courses listed in the Occupational Roadmap. Base Education Centers offer CLEP and DSST exams for active duty military at no cost. They also offer a comprehensive list of "credit-by-exam" tests. Additionally, many of the tests have study guides available. These tests are available at the base education center or through the base library system. For specific testing locations visit the DANTES website.

- Navy College Program: https://www.navycollege.navy.mil/information-for-sailors/pre-college-testing-and-college-credit.htm
- DANTES: http://www.dantes.doded.mil/examinations/earn-college-credit/earn-college-credit.html

College Entrance Exams Testing ACT, SAT

The ACT and SAT are both standardized tests that help colleges evaluate candidates. Many colleges require that students submit test results as part of the admission application process. Since Sailors are considered transfer students, these tests are not generally required for admission. However, some Sailors must take the tests to enter specific military programs.

- Navy College Program (ACT SAT): http://www.navycollege.navy.mil/information-for-sailors/college-entrance-exams.htm
- DANTES (ACT SAT): http://www.dantes.doded.mil/examinations/college-admissions/act.html

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SAMPLE DEGREE PLAN

Associate in Arts in Construction Technology

DEGREE OBJECTIVE—The purpose of this degree is to both enhance a Sailor's military proficiency and to provide the academic foundation for transfer to a bachelor's degree program at a four-year institution. This program is designed for military students to allow for maximum credit for military experience (up to 40 semester hours) and to provide the quickest pathway to the Associate Degree. It will transfer 100% into several select BS programs. **ACADEMIC RESIDENCY**—12 Semester Hours

POINTS OF CONTACT

Navy College Office: www.navycollege.navy.mil

Coastline Community College Counselor: <u>militarycounselor@coastline.edu</u> Evaluator: <u>SOC@coastline.edu</u>

Toll Free Phone: 1-866-422-2645

Degree Requirements Summary

REQUIREMENT		SH	SOC CAT.	NAVY RATE	SERVICE SCHOOL	TESTS	HOME CAMPUS
Tot	General Education al of 18 credits as Outlined in A-E below:						
A1. Speech/Comr	A1. Speech/Communications -Choose one from the following:						
COMM C100	Intro to Mass Communication	3					X
SPCH C110	Public Speaking	3	CM001A	X	X	DSST	
requirement, but w	Pose one: (Note: ENGL C099 will satisfy this vill not count toward the 18 unit requirement of general additional 3.0 unit general education course must be	3 SH					
ENGL C100	Freshman Composition ("C" or better)	3	EN023A			CLEP	X
ENGL C099	Fundamental of Composition	3					X
A3. Math Compe	tency (refer to Notes at end)			X			X
B. Natural Science	re-Choose one from the following:	3 SH				CLEP	
ASTR C100	Intro to Astronomy	3				DSST	X
BIOL C100	Intro to Biology	3	BL002A			CLEP	X
BIOL C101	Intro to Biology Lab	1					X
BIOL C120	Biology of Aging	3					X
CHEM C110	Intro to Chemistry	5	CH003A				X
ECOL C100	Human Ecology	3					X
GEOL C100	General Geology	3	EA011A				X
GEOL C141	Geology Lab	1					X
MRSC C100	Intro to Marine Science	3	EA021A				X
PHYS C110	Introduction to Physics	3					X
C. Arts & Human	nities - Choose from the following:	3 SH				CLEP	
ARAB C180A	Elementary Arabic1A	2.5					X
ARAB C180B	Elementary Arabic 1B	2.5					X
ART C100	History & Appreciation of Art 1	3	FA002A				X
ART C101	History & Appreciation of Art 2	3	FA002A				X
ENGL C102	Critical Reasoning, Reading and Writing	3					X
ENGL C143	Children's Literature	3					X
ENGL C145	American Literature: The Short Story	3					X
ENGL C146	Introduction to the 20th Century Military Fiction	3					X
HUM C110	Humanities through the Arts	3	MS002A				X
HUM C130	American Cinema	3					X

MUS C100	History & Appreciation of Music	3					X
MUS C105	History of Rock and Roll	3					X
PHIL C100	Intro to Philosophy	3	PL079A				X
PHIL C115	Logic/Critical Thinking	3	PL080A				X
REQUIREMENT		SH	SOC CAT.	NAVY RATE	SERVICE SCHOOL	TESTS	HOME CAMPUS
PHIL C120	Ethics	3	PL081A				X
SPAN C180A	Elementary Spanish 1A	2.5				CLEP	X
SPAN C180B	Elementary Spanish 1B	2.5				CLEP	X
D. Social Sciences	- Choose one from the following:	3 SH				CLEP	
ANTH C100	Cultural Anthropology	3	AN002A				X
COMM C100	Intro to Mass Communications	3					X
ECON C180	Principles of Economics (MACRO)	3	EC008A			CLEP	X
ECON C185	Principles of Economics (MICRO)	3	EC009A			CLEP	X
HIST C125	Modern Iraqi History and Culture	3	2000711			CZZI	X
HIST C160	World History to 1500	3	HI003A				X
HIST C165	World History from 1500	3	HI003A				X
HIST C170	US History to 1876	3	HI001A			CLEP	X
HIST C175	US History Since 1876	3	HI001A			CLEP	X
HIST C180	Western Civilization To 1550	3	HI002A			CLEP	X
HIST C185	Western Civilization Since 1550	3	HI002A			CLEP	X
PSCI C100	American Government	3	PO077A			CLEP	X
PSYC C100	Intro to Psychology	3	PS101A			CLEP	X
PSYC C115	Child Growth & Development	3	1010111			CLEP	X
PSYC C170	Psychology of Aging	3				CZZI	X
SOC C100	Introduction to Sociology	3	SO001A			CLEP	X
SOC C110	Marriage and Family	3	SO007A			CZZI	
SOC C120	Introduction to Gerontology	3	2000/11				X
	ent (Satisfied by Basic Training)	3 SH			X		
	ral Requirement iii (refer to Notes at end)	3 511					X
Major-Need 18 hou		18		X	X	CLEP	71
May be satisfied by At in the area of construct utilities. Specifically a If needed, military cre- listed below and/or by in a related field:	CE credit recommendations for military training and experience tion, heavy equipment operations, surveying, and public approved for the following Rates: BU, EA, EO, SW, and UT. dit may be augmented by selection of one or more courses credits earned from an accredited institution of higher learning	SH				DSST	
BCT C300	Introduction to International Building Code	3					X
BCT C301	Residential / Construction Blueprint Reading	3					X
BCT C303	Fire and Life Safety	3					X
BCT C304	Concrete Construction Inspection	3					X
BCT C305	Steel and Wood Frame Inspection	3					X
BCT C307	Mechanical Inspection: Heating & Air Conditioning	3					X
BCT C308	Plumbing Inspection	3					X
BCT C311	International Residential Code	3					X
BCT C312	Construction Estimating	3					X
BUS C222	Small Business Operation & Management	3					X
	be satisfied by Military credit, various CLEP and DSST ge credit, or any Coastline courses. Some choices include:	24 SH		X	X	X	X
Total Credits Requ	nired to Complete the Degree	60 SH					

Navy Credit Awarded by: School of Choice

	<u>E-3</u>	<u>E-4</u>	<u>E-5</u>	<u>E-6</u>	<u>E-7</u>	<u>E-8</u>	<u>E-9</u>		
ACE RECOMMENDED CREDIT									
RECRUIT TRAINING	3	3	3	3	3	3	3		
A SCHOOL & RATING - MAJOR	5	17	18	18	18	18	18		
ELECTIVES	0	0	5	14	18	19	19		
Total possible credits awarded	8	20	26	35	39	40	40		

Note: Credit may vary depending on individual assessment. Credit evaluated from training, experience & course work may not be duplicated. Where course duplication occurs the higher credit will apply.

Notes:

An "X" in a column indicates that the Institution may accept credit from the source shown for at least part of the requirement. A maximum of 40 semester hours can be awarded for non-traditional coursework (i.e. CLEP / DSST, military experience, etc.).

Communications C100 may not be used to satisfy more than one general education requirement.

Satisfied by completion of MATH C010, C030, C100, C115 or C160 with a grade of "C" or better or passing the math placement test into Math C030 or completion of one year of high school algebra with a grade of "C" or better or passing elementary algebra or higher level math course at any accredited college institution with a grade of "C" or better or at least 2sh of technical math or higher from military experience or pass the ASSET exam: Elementary Algebra scores of 41 or higher or Intermediate Algebra score of 31 or higher.

Satisfied by completion of one of the following courses: ARAB C180A, ARAB C180B, ART C100, ART C101, ANTH C100, ENGL C145, HUM C110, PHIL C100, HIST C160, HIST C165, HIST C180, HIST C185, SPAN C180A or SPAN C180B. These courses will also satisfy either the Arts & Humanities Requirement or the Social Sciences Requirement.

REFERENCES

Navy Enlisted Learning and Development Programs:

- Learning and Development Roadmap for Enlisted Sailors, OPNAVINST 1500.77(series)
- Navy Enlisted Retention and Career Development Program, OPNAVINST 1040.11(series) Career Counselor Handbook, NAVPERS 15878L
- Command Sponsor and Indoctrination Programs OPNAVINST 1740.3(series) (Sponsor assigned within 10 days of orders received / Indoctrination completed as soon as possible and practicable but NLT 90 days)
- Command Sponsorship of Dependents at Overseas Duty Stations MILPERSMAN 1300-150 to 1300-210
- Navy Enlisted Warfare Qualification Programs OPNAVINST 1414.9 (series)
- Master Training Specialists (MTS) Program NETCINST 1500.2(series)
- Command Master Chief Program OPNAVINST 1306.2 (series)

Reenlistments and Extensions:

- Agreement of Enlisted Naval Reservist, and Fleet Reservists Inductees to Remain on Active Duty MĬLPERSMAN 1160-060
- Extension of Enlistments MILPERSMAN 1160-040
- Overseas Tour Extension Incentives Program (OTEIP) MILPERSMAN 1306-300
- Consecutive Overseas Tours (COT) Leave Travel Entitlement Policy MILPERSMAN 1050-410
- Career WayPoints Reenlistment MILPERSMAN 1160-140
- Reenlistment Ceremony MILPERSMAN 1160-020
- Leave of Military Personnel MILPERSMAN 1050-040
- Required Counseling Upon Enlistment and Reenlistment MILPERSMAN 1160-031
- Selective Reenlistment Bonus (Use Latest SRB NAVADMIN)
- Selective Training and Reenlistment (STAR) Program MILPÉRSMAN 1160-100
- Assignment to School as a Reenlistment Incentive MILPERSMAN 1306-1006
- Reserve Enlisted Incentives RESPERSMAN 1100-020 and current ALNAVRESFOR Message
- Reenlistments and Extensions for Sailors in a Drilling Status RESPERSMAN 1160-010
- Satisfactory Participation in the Navy Reserve RESPERSMAN 1001-010

Fleet Reserve and Retirements:

- Casualties and Survivor Benefits (SBP) MILPERSMAN 1770-010 to 1770-280 OPNAVINST 1750.5(Series)
- Disability Retirement MILPERSMAN 1850-010 to 1850-040
- Fleet Reserve and Retirement MILPERSMAN 1800-010 to 1800-070
- Privately Owned Vehicle (POV) Shipment Entitlement Policy and Household Goods (HHG) Shipment and Storage Entitlement Policy MILPERSMAN 4050-010 to 4050-020
- Permissive Temporary Duty (PTDY) Authorization for Job/House Hunting MILPERSMAN 1320-220
- Transition Assistance Program (TAP) OPNAVINST 1900.2(series) (Initiate a DD-2648E-1 NLT 90 Days Prior to Separation and attend workshop 12 months prior to separation/Fleet Reserve/Retirement date)

Enlisted Administrative Separations:

- Separation by Reason of Alcohol Rehabilitation Failure MILPERSMAN 1910-152
- Separation by Reason of Misconduct -Drug Abuse MILPERSMAN 1910-146
- Separation by Reason of Convenience of the Government -Early release to further education MILPERSMAN 1910-108
- Administrative Separation (ADSEP) Policy and General Information MILPERSMAN 1910-010 to 1910-812
- Fraudulent Enlistment MILPERSMAN 1910-134 High Year Tenure (HYT) MILPERSMAN 1160-120
- Misconduct (various reasons) MILPERSMAN 1910-138/140/142
- Department of the Navy (DON) Policy on Parenthood and Pregnancy SECNAVINST 1000.10(series) & MILPERSMAN 1910-124
- Separation by Reason of Convenience of the Government -Personality Disorder MILPERSMAN 1910-122
- Separation by Reason of Physical Fitness Assessment (PA) Failure MILPERSMAN 1910-170
- Separation by Reason of Misconduct Commission of a Serious Offense MILPERSMAN 1910-142
- Separation by Reason of Unsatisfactory Performance MILPERSMAN 1910-156

Advancement & Service Schools:

- Advancement Manual for Enlisted Personnel of the U.S. Navy and U.S. Navy Reserve BUPERSINST 1430.16(series)
- Accelerated Advancement of Recruit Training Class "A" School Graduates, and Ceremonial Guard MILPERSMAN 1430-010
- Enlisted to Officer Commissioning Program Application & Administration Manual OPNAVINST 1420.1(series)

- Service Schools MILPERSMAN 1306-600/602/604/608
 Class "A" School & Rating Entry Requirements MILPERSMAN 1306-618
 Retesting with Armed Forces Classification Test (AFCT) version of the Armed Services Vocational Aptitude Battery (ASVAB) MILPERSMAN 1236-010
- Professional Apprenticeship Tracks Program (PACT) NAVADMIN 318/07 Prior Service Reenlistment Eligibility Reserve (PRISE-R) MILPERSMAN 1133-061

Education Advancement & Service Schools:

- Joint Chiefs Professional Military Education (PME) Manual 1805.01 Voluntary Education (VOLED) for Navy Sailors OPNAVINST 1560.9(series)
- Navy Voluntary Education Program NETCINST 1560.3(series)
- Navy Credentialing Programs OPNAVINST 1540.56
- Administration of the United Services Military Apprenticeship Programs (USMAP) OPNAVINST 1560.10(series)

Diversity, Equity and Inclusion, and Anti-Extremism:

- Diversity, Equity and Inclusion: https://diversity.defense.gov
- DOD Diversity and inclusion Management Program DODI 1020.05(series)

Other Quick References:

- Awards Manual (SECNAVINST 1650.1(Series)
- Change in Rating MILPERSMAN 1440-010 to 1440-040
- Department of the Navy Correspondence Manual (SECNAV M-5216.5)
- Navy Alcohol and Drug Abuse Prevention and Control OPNAVINST 5350.4(series)
 Exchange of Duty (SWAPS) MILPERSMAN 1306-700

- First-Term Personnel Assignment Policy MILPERSMAN 1306-126 Individual Augmentation (IA) Policy and Procedures OPNAVINST 1001.24(series)
- Military Couple and Single Parent Assignment Policy MILPERSMAN 1300-1000 Military Pay MILPERSMAN 7220-010 to 7220-410 Navy Performance Evaluation System BUPERSINST 1610.10 (Series) Overseas Extensions MILPERSMAN 1300-310

- Physical Readiness Program OPNAVINST 6110.1(series) / MILPERSMAN 6100-6199
- Reassignment for Humanitarian Reasons (HUMS) MILPERSMAN 1300-500
- Standardized Policy and Procedures for the Active Duty for Operational Support (ADOS) Programs OPNAVINST 1001.20 (series)
- Operational Risk Management OPNAVINST 3500.39C
- Personnel Qualification Standards (PQS) Catalog NAVEDTRA 43100-6M
 Manual of Navy Enlisted Manpower and Personnel Classifications and Occupational Standards
 NAVPERS 18068F Volume 1 & 2

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